Mini-guide

LA FORTUNA

Thermal Capital of Costa Rica













Introduction Introduction









The community of La Fortuna began to define itself in the early 1940s, with the arrival of farmers from Ciudad Quesada, Grecia, Alajuela and other regions of the canton of San Carlos. These first settlers dedicated themselves to agriculture, hunting and cattle raising.

The first family settlement in La Fortuna was in 1914 and 1915, in the area known today as La Palma. Up until 1948 it was known as El Burío, however, the abundance of natural riches inspired Rufino Quesada, Antonio Hidalgo and Isolina Quesada to change its name to La Fortuna.

In 1950, the inhabitants voted on a referendum and decided to be annexed to the canton of San Carlos (they belonged to the canton of San Ramón). In the 1930's, Elías Kooper Cubero, Rufino Quesada, Isolina Quesada, Alberto Quesada, Antonio Hidalgo are recognized as the town founders.

The main river is the Arenal, the water source for the Arenal Hydroelectric Project, which generates 70% of the country's energy and also provides water to the Arenal Tempisque Project administered by the National Irrigation and Drainage Service (Servicio Nacional de Riego y Avenamiento, SENARA). Other rivers in the area include the Fortuna River, Burío River and La Palma Rivers. There are also a large number of streams, among them La Habana and Tiburones.

Production

This is one of the most productive districts of the canton due to the richness of its soils.

The inhabitants of La Fortuna have generally been dedicated to agriculture and cattle raising, producing beef and dairy cattle as well as dual purpose cattle and agricultural products such as roots and tubers (cassava, tiquizque, ñampí, yams, Chinese potatoes and ginger) as well as plantain bananas and papaya.

La Fortuna today

Currently, the district receives approximately 3,000 tourists a day during peak season and has approximately 110 hotels divided into small, medium and large businesses.

Undoubtedly, the beauty of the landscape has made La Fortuna one of the most visited sites in the country, due to the variety of tourist sites and attractions ranging from hanging bridges to admiring the volcano, rivers and mountains surrounding the district. Over the years, more and more foreigners have fallen in love with the area and have decided to buy properties in La Fortuna, either to live on a permanent basis or to be able to visit more regularly throughout the year. The topography of La Fortuna and San Carlos is very flat, in fact the area is known as the "San Carlos plains". It is an area rich in wildlife and tropical forests.

La Fortuna of San Carlos is an area rich in natural attractions, which makes it ideal for adventure and nature tourism. La Fortuna has many attractions, which can be visited on your own, such as the Arenal Volcano, the La Fortuna waterfall or the hanging bridges.

If you want to learn more about the area or if you are interested in adventure activities like ziplining or rafting, guided tours are available in La Fortuna. There are also activities that you can enjoy completely free, such as walks around the town, visiting crystal clear rivers or visiting the Arenal Lake and if you rent a bicycle, take a ride through different nearby towns such as El Castillo or La Guaria. Finally, your vacation in La Fortuna Costa Rica will not be complete without a visit the hot springs of the Arenal Volcano.

If you ask a resident what the weather is like in La Fortuna, they will surely say that it varies and can change from one minute to the next. It really is, it can be hot and sunny in the morning with pouring rain just a few hours later.

Generally, the months of January, February, March and April are very hot with less rain, but that does not mean that it does not rain at all. The rainiest months of the year are May, June, September, October and November but, then again, that does not mean that we don't experience some amazing sunsets during these months. The hottest temperatures of the year can be around 33-35 degrees Celsius, while the coldest temperatures can reach 15-17 degrees Celsius.

There are plenty of dining options in La Fortuna and the Arenal Volcano area, with all kinds of restaurants, a varied cuisine and something for all budgets. If you are wondering where to eat in La Fortuna, you will get a lot of options as an answer.

Typical "sodas" or diners, which are the cheapest places to eat in La Fortuna, and in Costa Rica in general, serve traditional Costa Rican dishes such as a "casado" or "gallo pinto". Sodas are the eateries most visited by Costa Ricans.







Introducción

However, in La Fortuna of San Carlos, you can also find Chinese, Italian, Peruvian, Colombian and a variety of international restaurants to satisfy any palate. And of course, you can't miss the fast food restaurants or pizzerias. Savor delicious meals while enjoying the view of the imposing Arenal Volcano.

This area offers visitors a number of different lodging options, from economic hotels to world renown luxurious resorts.

Budget hotels in La Fortuna are generally located in town, very close to supermarkets, drug stores and shops. Here, you can find everything from hostels to shared rooms or small rooms.

Outside of La Fortuna, towards the Arenal Volcano National Park, you will find a variety of hotels along the road that offer direct views of the Arenal Volcano and some even have hot springs within their facilities. About 20 kilometers west of town, you will find hotels that offer panoramic views of Lake Arenal.

For more information visit:

www.arenalcostarica.cr

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La Fortuna General Tours The region of La Fortuna will surprise you with the majestic Arenal Volcano and many activities designed to admire the diversity of nature, Lake Arenal, waterfalls, beautiful rivers, amazing trees and exuberant wildlife. Connect with Costa Rican culture and traditions, discover rural tourism, relax in the hot springs and enjoy a Spa treatment. In addition, enjoy the diverse and exciting adrenaline tours in the area, which, together with quality tourist services such as lodging, gastronomy, travel agencies and professional bilingual certified tour guides, offer you the possibility of being part of the pura vida culture.

General Tours La Fortuna



General Tours La Fortuna



Arenal Volcano NP

The Arenal Volcano tour takes visitors to the active northwest side of the volcano. The tour begins with a hike in the National Park. It is possible to observe a variety of plants, wildlife, magnificent lava rock formations and Lake Arenal! Also, learn more about the history of La Fortuna and the devastation of the 1968 eruption.

Fortuna Expeditions **Quercus Travel** Find my Costa Rica <u>Traluxu Travel.com</u> Rain Forest Explorers Seven tours Arenal Observatory

Flow Trips Seven tours Arenal Nayara Hotel & Gardens La Fortuna Hotel Casa Luna Hotel & Spa Secreto La Fortuna **MonterealHotel**

Caño Negro Wildlife Refuge





Tenorio Volcano National Park (Rio Celeste)

Discover one of Costa Rica's best kept hidden gems: Tenorio National Park and Rio Celeste. This beautiful tour includes a 4-hour hike through the rainforest trails of the Tenorio Volcano National Park.

On the way, observe amazing flora and fauna as the trail takes us to the Teñideros, a magical place where an optical phenomenon occurs that makes the water in the river and waterfall become a beautiful and unique shade of blue.

Fortuna Expeditions **Quercus Travel** Find my Costa Rica Traluxu Travel.com The House of Tours Seven tours Secreto La Fortuna

Motel San Bosco Inn Volcano Lodge Find my Costa Rica The House of Tours **Hotel Miradas Arenal** Arenal Observatory Lodge **Arenal Adventures**

Eagletours Canoa-aventura.com Crunique.com Ecoterracostarica.com Ridecr.com Tilajari.com



Children's Eternal Rainforest Tour

A tour to reconnect with nature, to appreciate and enjoy it, to strengthen the spirit.

Hiking Tours - Arenal Tours @ecoterracostarica.com



Observation of flora and fauna

Our guides, experts in the field of Natural History, will accompany you to discover the wonderful secrets and complexity of the tropical rainforest, this forest that is a wildlife sanctuary.

[®]misticopark.com [®] Hotel Miradas Arenal Find my Costa Rica Arenal Observatory Traluxu Travel.com The House of Tours



1968 Arenal **Observation Point**

A great viewpoint where you can choose the option that suits you the best. First, sit or take pictures of the Arenal Volcano, hike the lava flows from the 1968 eruption or take a horseback ride around the property and then, enjoy the hot





The Caño Negro Wildlife Refuge is

considered one of the richest sites on

the continent for bird watching. In

addition to the abundance of birds, Caño

Negro is also home to many other

animals such as sloths, three types of

monkeys, caimans, lizards, bats and



Arenal Nayara Hotel & Gardens

La Fortuna Hotel

Secreto La Fortuna

Hotel San Bosco Inn

Hotel Miradas Arenal

Arenaltours.com

Anywhere.com

Ridecr.com

Tilajari.com

Canoa-aventura.com

<u>Eagletours</u>

homevacationscr.com

Arenal Observatory Lodge

Monterealhotel

Casa Luna Hotel & Spa



Juan Castro Blanco NP

The trip to this rarely visited cloud forest will give you the opportunity to see a wide variety of flora and fauna including the spectacular quetzal with its striking plumage and many other species of birds. The Juan Castro Blanco Park, also known as the National Water Park, is a 3 km route on cloud forest trails, at more than 2000 m altitude. You can enjoy the vegetation and fauna, including the great diversity of birds.

Coopelesca Tours Arenal Nayara Hotel & Gardens **Volcano Lodge** ecoterracostarica.com/es/tour/caminata



Sport fishing in **Arenal Lake**

If you are a sport fishing lover, Lake Arenal is a good place to be. Experience fishing the famous guapote and tell your friends about it.

Adventure Tours - Arenal Tours



Day Tour

Day tour in the tropical rainforest, where you can observe sloths, iguanas, birds, basilisks and frogs among others.

Ecocentrodanaus

Arenal Lodge



Arenal Eco-Zoo

Arenal Eco-Zoo has a collection of Costa Rican reptiles and amphibians, a butterfly habitat and an insect zoo. This tour is a positive learning and fun experience for people of all ages.

Arenal Observatory Lodge

Seven tours

Find my Costa Rica <u>Traluxu Travel.com</u> The House of Tours

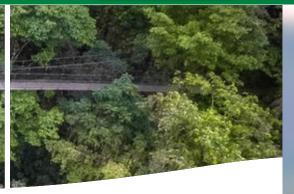
Quercus Travel

native wetland flora.

General Tours La Fortuna







Hanging bridges

bridges interconnect trails visitors to experience the splendor of the environment. They facilitate access, safely allowing you to immerse yourself in the different forests in several places in La Fortuna de San of Costa Rica.

They were made to allow visitors to appreciate flora and fauna from a different perspective, since they pass through several levels of the forest. From these

bridges you can view the treetops, making it easier to spot animals and birds.

Charming trails. This activity can be done Carlos. The length and number of bridges varies from place to place. Specialized guides are the best way to learn more about the secrets of the surrounding flora

Find my Costa Rica Traluxu Travel.com Rain Forest Explorers

Quercus Travel

Seven tours **Arenal Observatory** Lodge Flow Trips

Seven tours Casa Luna Hotel & Spa Secreto La Fortuna Volcano Lodge

La Finca CR La Fortuna Hotel Find my Costa Rica The House of Tours Arenal Observatory Ecoterra Costa Rica Monterealhotel Hotel San Bosco Inn

<u>Arenaladventures</u> Eagletours.net Canoa-aventura.co

<u>Anywhere.com</u> Rainforesttravelcr

Hotel Miradas Arenal



Arenal Lake by boat plus peninsula trails

This boat trip will take you to the bays and peninsula of Lake Arenal. You will enjoy the coasts surrounded by lush vegetation, wildlife and the surrounding landscapes of blue mountains, volcanoes and island. Along the way, your guide will share interesting information about the history of the lake, the volcano and the surrounding area.

The House of Tours Find my Costa Rica Arenal Nayara Hotel & Gardens Hotel Miradas Arenal Arenal Observatory Lodge

Tree planting experience

Planting trees is a most rewarding activity. Have fun during this exciting activity while doing something good for our planet. Each purchase comes with a personalized certificate.

Montaña de Fuego

Proyecto Asís wildlife project and volunteerism

At Proyecto Asís you will learn more about why animal conservation is important, and its impact, as you volunteer and help us with animal care.

Seven tours



Due to the terrain, surrounded by mountains, rivers, lakes, and different types of forests in such a reduced space, Arenal Volcano, La Fortuna, and the surrounding area is a privileged place for bird watching, not only in Costa Rica but also in America.

It is a paradise for bird lovers. Of the more than 900 confirmed species in Costa Rica, you will find that approximately 500 species have been recorded in the Arenal Volcano area, including the lovely cotinga, blackcrested coquette, yellow-eared toucanet, umbrella bird, emerald tanager, curassow, thicket antpitta, eagle, tiger heron, trogon, toucans, cuckoo, oropendolas, motmots, flycatchers and more.

Experienced guides will help you identify them by their shape and color, as well as by recognizing their calls.

Links:

- Traluxu Travel.com
- Seven tours
- Callidryas Tours
- Arenal Nayara Hotels & Gardens
- Casa Luna Hotel & Spa
- Arenal Oasis
- Hotel San Bosco
- Volcano Lodge
- La Fortuna Suites
- The-House-of-Tours
- Ridecr.com
- Arenaltours.com
- Canoa-aventura.com
- Anywhere.com/costa-rica
- Ecoterracostarica.com





The Nest Arenal Observatory Lodge & Spa

The Nest, a recent installation at the Arenal Observatory Lodge & Spa, is a 28 meter high tower for bird and wildlife watching. Enjoy incredible 360° panoramic views of the Arenal Volcano, Lake Arenal, Cerro Chato Volcano and the Tilarán mountain

The frog

pond

The night sounds of frogs are very common,

especially during Costa Rica's rainy season

(May to November). To preserve the natural presence of frogs in the rainforest, a frog

pond was created in one of the nearby

Arenal Observatory Lodge



Sloth observation

The Arenal area is well known for its diverse wildlife, including the two different species of sloths found in Costa Rica. Our main goal during this tour is to find as many sloths as possible and you are 100% guaranteed to see them in the wild.

Bill Beards Costa Rica The-House-of-Tours "Seven tours Callidryas Tours

Arenal Navara Hotels & Arenal Oasis Arenaladventures.com Arenaltours.com/wildlife Ecoterracostarica.com



Photography Tours

The Arenal region is a place full of nature beautiful landscapes, rainforests, dreamlike sunsets, multicolored mountains, rivers, waterfalls, adventure activities, culture, and wild animals. This magnificent combination provides us with perfect places to capture the best photographs that will make your trip an unforgettable me-

[®]arenalcostarica.cr



Bosque la Tigra tree planting + visit agra – organic farm)

Offset your carbon footprint and protect Costa Rica's rainforests by joining our reforestation project and planting a tree. Part of the profits from this tour will be donated to research and protection of our tropical forests as well as social activities to promote the development and unity of the local communities visited.

Casalunahotel.com Ecoterracostarica.com/es www.arenalmundoaventura.com



Frog watching night tour

Frog watching night tour in the private reserve of the Rojas Bonilla family.

Seven tours

Arenal Nayara Hotels & Gardens

Callidryas Tours

Arenal Oasis



Night Tour

Specialized night tour, in which you will be able to enjoy species typical of the night.

Ecocentrodanaus.com Canoa-aventura.com

Ecoterracostarica.com Casalunahotel.com

Honeymoons

The La Fortuna area has options for relaxation and adventure, making it a great destination for your honeymoon.

Arenalcostarica.cr Montaña de Fuego







streams.

Sky Adventure

Sky Adventures Arenal Park has a privileged location with probably the best views of the Arenal Volcano and the lake. In our park you can enjoy adrenalinefilled natural adventures or excursions in the forest to admire and have a unique encounter with nature. The best experiences are at Sky Adventures, your choice, of course.



Hanging bridges that inspire - Sky Walk Arenal

Sky Walk is a spectacular combination of trails and hanging bridges that rise above the treetops.





Gondolas with panoramic views -**Sky Tram Arenal**

Sky Tram gondolas soar through the tropical forests of Costa Rica, offering endless views during their mountainous

Find my Costa Rica The House of Tours Arenal Observatory Lodge Hotel Miradas Arenal Sky Tram & Sky Trek, Arenal



The best and safest ziplines in Costa Rica with incredible views on ziplines that go from mountain to mountain. Enjoy a unique adrenaline rush at extreme heights, lengths, and speeds.

Find my Costa Rica The House of Tours Hotel Miradas Arenal Arenal Observatory Lodge Sky Tram & Sky Trek, Arenal



Pure Trek

We are the experts in Canyoning & Waterfall Rappelling in La Fortuna. We want every client who chooses to explore with us to have the best canyoneering experience of their life.



Pure Trek canyoning and ziplining

One tour, two activities, strength in your climbing and relaxation as you glide through trees and more trees. You will enjoy the rainforest and the coolness of the water on the climbs.

Pure Trek Canyoning & Ziplining - Pure Trek Costa Rica



Pure Trek and ATV adventure

This exciting combination of off-road vehicles and canyoneering allows you to explore the Costa Rican countryside, lush rainforest and rushing rivers.

Pure Trek Canyoning & ATV Adventure -



Rafting personal Sky River Drift Arenal

A must for all those adventurers looking for unique and fun activities. Sky River Drift combines zip lines and an incredible ride along a meandering river deep in the forest. Rafting is done on a personal level; you, the raft, and a wild and fun river.





Scenic kayaking -**Sky Wild Kayaks Arenal**

Experience the picturesque and beautiful Arenal Volcano and its magnificent lake from a unique perspective, in kayaks.

Sky Wild Bikes Arenal

Explore Lake Arenal and the surrounding nature on an incredible mountain bike ride.

Adrenaline adventure - Sky Limit Arenal

The Sky Limit adventure takes place inside the rainforest, combining more than 10 adventure, skill and challenge activities. Includes zip lines, high ropes, canyoning, Tarzan swing, bridges, rappelling and more. Enjoy the adrenaline.

Find my Costa Rica The House of Tours Hotel Miradas Arena Arenal Observatory Lodge



Pure Trek canyoning - group or individual

This tour will test your strength and agility, 4 waterfall rappels, a wall rappel, a short rock climb, a hike uphill in the rainforest and the Monkey Drop: you will get wet! Choose between a group experience or stay inside your bubble with a private experience.

Pure Trek Canyoning - Group or Private -Pure Trek Costa Rica



Pure Trek canyoning and suspension bridges

Walk above the treetops and test your strength by climbing the canyoning wall on this tour.

Pure Trek Canyoning & Hanging Bridges
- Pure Trek Costa Rica



Pure Trek canyoning and white-water rafting

that will get your adrenaline pumping again. The important thing is that you will enjoy them and come back to make them again. Don't forget.

Pure Trek Canyoning & White Water

Rafting - Pure Trek Costa Rica



Pure Trek canyoning, volcano hike, hot springs & dinner

Spend the whole day on the move with activities such as canyoning, hiking and observing the Arenal Volcano in all its splendor and then finish up with a dip in hot springs that will relax you completely.

Pure Trek Canyoning, Volcano Hike, Hot Springs & Dinner - Pure Trek Costa Rica



Back to contents

Místico Park

Místico is a farm that offers a wide variety of tours to have direct contact with the exotic nature of the Arenal area with incredible views of the volcano, the lagoon and various mountain waterfalls. It also has impressive suspension bridges.

Links:

<u>Misticopark.com/es</u>
<u>Quebuenlugar.com</u>





Místico night walk

At nightfall, Místico Park offers visitors the opportunity to live an experience in a majestic tropical rainforest. This tour takes place on our trails, passing over suspension bridges.

misticopark.com



Hanging bridges entrance fee

To discover the marvelous secrets of this forest is to encounter a wildlife sanctuary! The density of the biodiversity makes our trails a special place to admire the species you encounter along the way.

misticopark.com/es



Twilight walk

Místico Park offers its guests the possibility of observing the forest at dusk and nightfall with the Místico Twilight tour. This tour takes place on our trails, passing over suspension bridges.

misticopark.com/es/tours

Seven tours



Paco's horseback riding

Paco's horses combine the adventure of riding through the park's trails in direct contact with the richness of the rainforest.

misticopark.com/es/tours/pacos-horses



Ecological Park

Arenal Mundo Aventura

Located in La Fortuna, San Carlos, Costa Rica, 1.5 km (1 mile) south of the catholic church, we have been declared a tropical ecological park, and we have a wide range of natural, cultural and adventure tours that promise visitors an unforgettable experience. Unique experiences in Costa Rica.

Our main objective is and was to conserve the rainforest and the environment, combining it with ecotourism and responsible adventure tourism. With this project we have managed to reforest a large amount of land, of which we currently use only 10% in our daily operations.



Ama Extreme canopy tour

A combination of adrenaline, fun and adventure is the perfect combination for AMA XTREME. Glide down 7 canopy lines to an 18 meter high tower where you will be launched across a 120 meter high canyon, at speeds between 65 and 70 kms per hour.

Arenalmundoaventura.com



Big Ama tour

Enjoy an adventure in the middle of the forest and experience the rush of adrenaline rush among the canyons and treetops. Twelve zip line cables are the perfect way to combine adrenaline and the majestic tropical forest.

Arenalmundoaventura.com



Rappelling tour

Vertical descent with ropes and harnesses, 80 meters of adventure, 30 meters of free fall and 50 meters on a rock wall. It also includes 2 zip lines, of 400 and 375 meters. Visit to Maleku

Arenalmundoaventura.com



Waterfall ride

The adventure begins with a cart ride along a 1 km route through pastures and forests. Upon arrival, the imposing viewpoint of the Pino Blanco waterfall will open the way to the adventure.

Arenalmundoaventura.com/tours

Arenaltours.com/hiking-tours

Rainforesttravelcr.com

Ridecr.com/es

Tilajari.com/tours

Coopelesca

Coopelesca R.L. is the Cooperativa de Electrificación Rural de la Zona Norte de Costa Rica (Rural Electrification Cooperative of the North Zone of Costa Rica), founded in 1965.

It has a concession area of 4770 km², and more than 109,000 associates. It produces 90% of its energy from its own renewable sources, through six hydroelectric power plants and the Cooperative Solar Park. Since 2012, the cooperative's members have been supporting the protection of the Juan Castro Blanco National Water Park. With the contribution of ¢200 per month through the electricity bill, 1137 hectares of land have been acquired for the conservation of forest, biodiversity, water and landscape, thus the Montaña Sagrada Natural Reserve was created and with it Coopelesca Tours.

<u>Coopelescatours.com</u>



Montaña Sagrada **Day Tour**

Montaña Sagrada Natural Reserve offers wonderful natural attractions including "Pozo Verde", a volcanic lagoon of beautiful emerald tones, the characteristic cloud forest, diverse flora and fauna, important water springs, trails accessible for the whole family, ample parking and lots of fresh air.

Coopelescatours.com



Bird watching

The Cloud Forest of the Montaña Sagrada Natural Reserve is a perfect destination to enjoy bird watching. (More than 144 species of birds of diverse and showy colors).

<u> Coopelescatours.com</u>



The Montaña Sagrada **Nature Reserve -Night tour**

At nightfall, around 6:00 pm, the forest undergoes a transformation that gives way to the nightlife life. As you stroll along the trails in the reserve you will have the opportunity to observe different species of insects, birds, amphibians, reptiles, and mammals.

<u>Coopelescatours.com</u>



Day trip to the **Cooperative Solar Park**

Tour the Cooperative Solar Park, the largest photovoltaic generation plant in Costa Rica, which provides lighting for 5,000 homes in the northern part of the country.

Coopelescatours.com

Adventure Adventure Tours

Arenal Ecoglide Park

Ecoglide Arenal Park offers one of the best adventure tours in La Fortuna. The park has an exciting but familyfriendly zip line course that is totally accessible! Our Tarzan Swing is well known to those looking for a little adrenaline.

Canopy tour in La Fortuna

The Ecoglide Arenal Park canopy tour consists of 11 zip lines, 13 platforms and a suspension bridge. The tour is divided into two sections. Nine of these platforms are located in the trees, where visitors can have more contact with nature. On the way, enjoy the Tarzan Swing.





Birdwatching at Arenal Volcano

The La Fortuna area is a privileged place for bird watching, not only in Costa Rica but in the Americas. Due to its topography, surrounded by mountains, rivers, lakes and different types of forests in such a small area, La Fortuna and the Arenal Volcano area is a paradise for bird lovers.





Nature hike in La Fortuna

Ecoglide Arenal Park is surrounded by rivers, pastures, forests, mountains, gardens, and its nucleus is made up of the lush vegetation of a type of tropical humid rainforest that is linked to the protected area of Arenal Volcano National Park.

Arenalecoglide.com/naturalist-walkon-the-arenal-volcano/



Arenal Volcano Night Tour

The night walk shows us the world in a different way. We will enjoy a very didactic and fascinating walk along a forest trail - especially designed for night walks- where little by little we will immerse ourselves in the nocturnal life of the forest.

Arenalecoglide.com/nightwalk-inarenal-volcano/

Combined Adventure Tours

Designed for adventure and nature lovers, we offer a selection of the best ecological tours in La Fortuna, in one place. You can choose to combine canopy with rappelling or tubing in the Arenal River, rafting, horseback riding, volcanic lava hikes, nature trails or flora and fauna or bird watching. Or mix tours of rural tourism or wellness tourism activities such as hot springs or spa, gastronomy, chocolate tour and organic farms and other tourism activities.

What to bring















Create your own itinerary enjoying a variety of natural, adventure or cultural activities. Below is a list of links to companies that offer combined tours:

Agencies Contacts

Desafío Costa Rica: arenaltours.com/adventure-tours/

WAVE Rafting waveexpeditions.com

Pure Trek Costa Rica puretrek.com

WAVE Rafting <u>waveexpeditions.com</u>

WAVE Rafting waveexpeditions.com

Ecoterra Costa Rica tilajari.com/tours/tour-de-canopy/

Ecoterra Costa Rica ecoterracostarica.com/es/

Arenal Observatory Lodge arenalobservatorylodge.com/es/

Ecoterra Costa Rica ecoterracostarica.com/es/

arenallodge.com/hotel/

arenaltours.com/hiking-tours/
puravidatrips.com
anywhere.com/costa-rica/
ecoterracostarica.com/es
Rain Forest Explorers
arenalmundoaventura.com
anywhere.com/costa-rica/destinations/
arenal/tours/

Agencies Contacts

www.anywhere.com/costa-rica/destinations/arenal/tours/

www.thespringscostarica.com/lo-cal-tours/

hwww.desafiocostarica.com/tours/ all-location/Lake-Arenal-Pedal-&-Paddle/option-1

www.arenalmundoaventura.com/tours/full-day

www.desafiocostarica.com/tours-details/arenal-mambo-combo-tour-rappelraft

arenaltours.com/hiking-tours/

puravidatrips.com/index.
php?opt=tours 1dia#arenal/

www.anywhere.com/costa-rica/attractions/la-fortuna-waterfall-waterfall/

www.anywhere.com/costa-rica/attractions/la-fortuna-waterfall-waterfall/

www.anywhere.com/costa-rica/attractions/la-fortuna-waterfall-waterfall/

www.anywhere.com/costa-rica/attractions/la-fortuna-waterfall-waterfall/

Agencies Contacts

anywhere.com/costa-rica/attractions/ la-fortuna-waterfall/waterfall/

ecoterracostarica.com/es/tour/combinacion-mejores-cuatro-tours-costarica/ Rain Forest Explorers

The-House-of-Tours

www.rainforestexplorers.com/

www.dinghyexpeditions.com

arenalecoglide.com/

arenaltours.com/adventure-tours/

www.arenalmundoaventura.com/tours/adrenaline-combo

arenalmundoaventura.com/tours/full-day

arenalmundoaventura.com/tours/self-guided-walk

arenalmundoaventura.com/tours/night-

<u>ecoterracostarica.com/es/tour/combinacion-mejores-cuatro-tours-costarica/</u>

www.puravidatrips.com/index.php?opt=tours_1dia#arenal/

Tours de aventura







Floating night safari

We will spend about two hours at a relaxing paddling pace exploring the riverbanks in search of rainforest dwellers as night begins to cover us.

Seven tours Flow Trips The-House-of-Tours Motel San Bosco Volcano Lodge Adventure Tours - Arenal



Bicycle ride

Our guides, experts in the field of Natural History, will accompany you to discover the wonderful secrets and complexity of the tropical rainforest, this forest that is a wildlife sanctuary.





Biking and kayaking

This combination gives you the opportunity to experience two adventure sports at the same time, in an incredible setting. The mountains and lake near the Arenal Volcano offer the perfect place for pedaling and paddling in unique settings combined with stunning views of the Arenal Volcano.







Find my Costa Rica

The-House-of-Tours

🤌 <u>Arenal nayara hotel & gardens</u>

Flowtrips.com

Seven tours

Monterealhotel

Motel San Bosco

Volcano Lodge

La Fortuna Suites

Find my Costa Rica

The House of Tours

(P) <u>Hotel Miradas Arenal</u>

Arenal oasis





Bungee jumping Arenal

Here you will find a bungee tower, offering several types of jumps:

- Traditional jumps
- Water touchdowns
- Rocket launcher
- Big Swing

Hotel San Bosco



La Finca **Balloon flight**

Flying in a hot air balloon is a unique experience but flying in a hot air balloon in Costa Rica is undoubtedly one of the most fascinating balloon flights in the world.

La finca cr



Quadricycle Tour

We leave from ATV ARENAL TOURS after a brief explanation on handling and precautionary measures. We go to La Fortuna waterfall and then head to Jauri to observe different plantations. From there, we continue to the town of La Guaria looking for the Arenal River where we will have a snack and a refreshing swim and then return to the base and to your respective hotel.



Hotel Miradas Arenal Arenal Observatory Arenaltours.com Montaña de Fuego

Safari float trip

Experience the tranquility of the forest traveling along the Peñas Blancas River, with the opportunity to observe many animals including monkeys, sloths, iguanas, turtles, crocodiles, and various types of birds.

- Wildlife Watching Outing Activities -
- Anywhere.com
- Waveexpeditions.com
- Tilajari.com/tours
- Thespringscostarica.com
- Arenal Tours
- Ecoterracostarica.com
 - Arenal Observatory Lodge

Floating kayak safari

This tour is a wonderful way to experience the beautiful native flora and fauna of Costa Rica, while learning basic kayaking techniques along this great river.

Find my Costa Rica Dinghy expeditions

Seven tours Volcano Lodge

The-House-of-Tours Hotel Miradas Arenal

Arenal Observatory Lodge



Tours de aventura









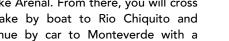


Water bike tour on **Lake Arenal**

You can't miss the opportunity to explore Lake Arenal in a very particular way, by bicycle! Yes! But a water bike. Let's admire the wildlife while having excellent views.

Car-boat-car

This is the easiest and fastest way to get from La Fortuna to Monteverde, as you will be picked up at your hotel and taken to Lake Arenal. From there, you will cross the lake by boat to Rio Chiquito and continue by car to Monteverde with a total travel time of approximately 3 hours.



La Fortuna Hotel **Monterealhotel** Hotel San Bosco Inn

Arenal Observatory Lodge

Arenal Nayara Hotel & Gardens

Car-boat-horses to Monteverde

Now our adventure begins, riding a horse through grasslands and primary forest trails, where we will also cross some rivers, witnessing wonderful views from the high mountain range. It is a transportation service and unforgettable adventure, all in

The House of Tours volcanolodge.com

Toro River Rafting

Rafting Tour from La Fortuna Toro River Rafting class III-IV: The best of Costa Rica, an exciting day, two and a half hours over 20 rapids in a spectacular setting in the rainforest.

Monterealhotel Motel San Bosco Inn Hotel Miradas Arenal Find my Costa Rica The House of Tours Arenal Observatory

Cucaracho River Rafting

A recently discovered river. Rio Cucaracho offers the best world class rafting experience in Costa Rica.

It is located on the eastern slope of the Rincon de la Vieja National Park and flows through it. Enjoy a breathtaking 18 kilometers of river filled with more than 70 class III-IV rapids surrounded by lush, virgin jungle full of wildlife.

Flow Trips

Bajos del Toro Amarillo, a thousand and one waterfalls

This small community located in the middle of an area of thick forests is known for the ruggedness of its terrain and the large number of rivers that run through it, giving rise to a myriad of waterfalls for all likes, some very accessible, others in rural areas of beautiful hikes and others at the end of amazing trails.

Fortuna Expeditions Quebuenlugar.com



Seven tours











Canyoneering

This is a unique, multi-sport adventure that combines rappelling, downhill climbing, and river tracing in a deep tropical river canyon.

Your guides will begin with a complete safety briefing to explain the important techniques of rappelling and descending.

Thespringscostarica.com **Dinghy Expeditions** Seven tours Arenal Navara Hotel & Gardens La Fortuna Hotel Hotel San Bosco Inn

Hotel Miradas Arenal Tacotal La Finca CR

Volcano Lodge

4X4

Arenal 4-wheel drive tour in La Fortuna. Come and enjoy the most unforgettable tour that the Arenal Volcano area has to offer riding your own all-terrain vehicle (4 wheel drive)!

Monterealhotel Montaña de Fuego La Finca CR

Tenorio rafting

Rafting on the Tenorio River, class 3-4 Tenorio (without transportation)

Costa Rica has some of the best whitewater rafting options in the world! Be sure to go white water rafting while visiting the Arenal region. It will be one of your best days in Costa Rica if you raft with us!

Desafiocostarica.com/tours

Rafting Sarapiqui or Balsa River

Costa Rica is well known for its white-water rafting adventures. Enjoy exotic rivers and canyons with more than 20 continuous adrenaline rushes, nature and fun. Select your favorite adventure. Balsa river class 2-3 and Sarapiquí river class 3-4.

Flow Trips The House of Tours Montaña de Fuego Volcano Lodge Sarapiqui Rafting Class 2 And 3

Rainforesttravelcr.com Tilajari.com/tours Fortuna Expeditions Dinghy Expeditions Flow Trips The House of Tours Seven tours Arenal Nayara Hotel & Gardens **Tacotal** La Finca CR La Fortuna Suites

Adventure Tours - Arenal Tours Desafiocostarica.com Ecoterracostarica.com



Adventure Tours Back to contents





Trekking to the volcanic caldera of Laguna de Hule

This tour includes 3 volcanic lagoons, pastures, and a lot of vegetation, just to test your physical condition.

@Ecoterracostarica.com

Kayaking in Arenal Lake

Experience inspiring beauty and tranquility as you glide through the mystical waters of Lake Arenal, the largest and most impressive lake in the country.

Skyadventures.travel

Arenaltours.com/adventure-tours

Dinghy Expeditions

Flow Trips

Arenal Nayara Hotel & Gardens

Find my Costa Rica

The House of Tours

🎾 <u>Hotel Miradas Arenal</u> Arenal Observatory Lodge

Lake Arenal by canoe or boat

Have you ever dreamed of discovering the breathtaking Lake Arenal by canoe? Enjoy this paradise with our canoe tour that will take you to discover incredible landscapes and breathtaking views of the lake, its coastline, forests and of course, the majestic Arenal Volcano.

Hotel San Bosco Inn

The House of Tours Find my Costa Rica Hotel Miradas Arenal

Arenal Observatory

Hiking Tours - Arenal Arenallodge.com

Night Tour

Explore the sounds of the night. A night tour is one of the best ways to experience this adventure.

Flow Trips

Arenalmundoaventura.com Arenalmundoaventura.com/tours

Arenaltours.com/hiking-tours

Caminata Nocturna en Mistico - Mistico Park

Canoa-aventura.com

Ecogarden night walk

The nocturnal life of the jungle will be our main objective as we search of sloths, lizards, insects, frogs and much more. Night is when most of the wildlife is active.

The House of Tours

Afternoon at the **Observatory Lodge** and the hot springs river.

From 2 pm to 8 pm. On this tour it is still possible to see the smoke and gases from the crater, as well as beautiful gardens, birds, two hanging bridges, the rainforest, wildlife, the Arenal Volcano museum and a waterfall in the jungle where you can swim.

The House of Tours



SUP (Stand Up Paddle boarding)

Paddle boarding in Costa Rica is a different way to get out on the water. The experience is controlled by you. Let's do SUP and have fun.

Quercus Travel Arenal Observatory Lodge Dinghy Expeditions Find my Costa Rica The House of Tours Hotel San Bosco Inn

Volcano Lodge <u>La Fortuna Suites</u> Montaña De Fuego Amor Arenal



Arenal **Observatory** Lodge Hike & Spa

We will walk across suspension bridges gardens, primary and secondary forest.

Arenal Observatory Lodge



Arenal CrossFit Challenge Circuit

The Arenal CrossFit Challenge at the Arenal Observatory Lodge & Spa in La Fortuna, Costa Rica, is a trail circuit for running and multisport outdoor activities. With an 8 km route, the "Arenal Crossfit Challenge" is the first of its kind in Costa Rica, a challenge for enthusiastic athletes of all levels.

Arenal Observatory Lodge



Educational tour at Centro Danaus

Educational tour on a private reserve, where you will be able to enjoy the flora and fauna of the area. You will be able to see the butterfly farm and a natural lagoon, the Maleku Indigenous Cultural House and a garden of medicinal plants and orchids.

Ridecr.com



Day hike at Danaus Eco-center

The Danaus Eco-Center Reserve is a wildlife sanctuary. We will take a leisurely hike to observe sloths, iguanas, birds, butterfly farms and much more.

Quercus Travel Seven tours



Monkey trails and giant trees

Let's explore this wonderful place full of ancient trees, stimulate our senses in the sensory garden and observe lots of wildlife on a healthy hike.

Seven tours



Adventure Tours



Horseback Riding

Explore the density of the forest and access to pastures located on the highest hill of the park from where you will have an impressive view

The House of Tours
Parque Místico Arenal Seven tours Arenal Nayara Hotel &

Gardens <u> Monterealhotel</u> Hotel San Bosco Inn <u>Tacotal</u>

Find my Costa Rica La Finca Cr

Volcano Lodge **Hotel Miradas Arenal** Arenal Observatory

of the volcano and Arenal Lake.

Arenaltours.com Anywhere.com Tilajari.com

Arenallodge.com/ Arenalmundoaventura

Eagletours.net

Lodge





You will be picked up at your hotel to

travel to the Costa Rican countryside to

begin your adventure. Start with a

thrilling rappel down a breathtaking

42-meter (140 feet!) tropical waterfall.

Jump from a continuous series of

waterfalls and cliffs from 10 to 30 feet

into the deep canyon pools with the help

of your professional and experienced

quides.

The House of Tours

Motel Miradas Arenal

La Fortuna Hotel

Gravity Falls

Arenal River

tubing tour

White water and lots of wildlife. Navigate your

adventure with your own rafting tube along 2

km of the Arenal River canyon. You will be

surrounded by extraordinary vegetation, rock

formations, caves and small waterfalls where

you can get wet.

La Finca Cr

The House of Tours

🔑 Montaña de fuego

Seven tours

Los Cañones canopy tour & day trip to Los Lagos hot springs

Excellent canopy tour with 13 cables and the best group of guides in La Fortuna. Enjoy a walk around the rainforest right in front of the volcano. Try Superman mode and then relax at the Hot Springs Resort.

The House of Tours

Venado Caverns

This cave was discovered by the inhabitants of the town of Guatuso. It is formed by limestone, stalactites, stalagmites, and corals. Exploring the Venado Caves is an exciting adventure for those who are not claustrophobic and don't mind getting wet and muddy.

Climbing walls, going through holes, and passing through uncomfortable places are part of the adventure. In addition to this, you will be able to observe spiders, crickets and many bats.

Arenal Observatory Lodge

Arenal Oasis

Monterealhotel Hotel San Bosco Inn

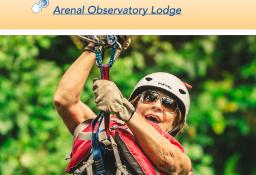
La Finca Cr Volcano Lodge

Arenal Observatory Lodge

Arenaltours.com Canoa-aventura.com

Ecoterracostarica.com

Ridecr.com/es Tilajari.com/tours





River Canyon Tour

Dive into tropical waterfalls, plunge deep into the jungle and push your limits! That's what Cañon Perdido, or the Lost Canyon, is all about.

The House of Tours

26 Seven tours

Arenal River tubing tour

White waters and lots of wildlife. Navigate your adventure on your own rafting tube along 2 km of the Arenal River canyon. You will be surrounded by extraordinary vegetation, formations, caves, and small waterfalls where you can get wet.

The House of Tours 🔑 La Finca Cr

Montaña de fuego

Mountain biking

La Fortuna has great cycling circuits that will allow you to enjoy nature and beautiful landscapes.

The House of Tours

BIKE Ruta Maquenque

For lovers of advanced cycling, Ruta Maquenque will put you to the test.

Canoa-aventura.com/es

Rappelling Canopy tour, pure adrenaline adventure

Experience the adrenaline rush gliding at 30 K/h over the tropical treetops to finish descending 30 meters of rock with a lot of fun. Nine different cables passing through 13 platforms are waiting for you! You will see monkeys, birds, butterflies, and frogs.

Bill Beards Costa Rica Seven tours Montaña de fuego Hotel San Bosco

Los Cañones Zipline **Adventure**

Los Cañones offers an adrenaline-filled tour through the beautiful Costa Rican rainforest, with the possibility of seeing lots of wildlife and excellent views.

Seven tours

La Fortuna Waterfall

To observe this splendorous 70-meter waterfall, visitors must first tackle a path of approximately 530 steps. The trail is very secure, dotted with comfortable rest areas and takes you through a forest with native trees of the area. Once in front of the waterfall, enjoy the spacious viewpoint from where you will have the opportunity to freeze your memories in time through unique photographs. Top it all off with a refreshing swim in the crystal-clear waters of the Fortuna River.

This is a natural area sustainably managed by the Association for the Integral Development of La Fortuna (ADIFORT).



Ecoterracostarica.com Thespringscostarica.com

Seven tours Find my Costa Rica Arenal Nayara Hotel & Gardens



Pure Trek & chocolate tour

This canyoning combo allows you to explore the La Fortuna area by bike and the lush rainforest by canyoneering. It is a full-day active tour with a great combination of adventure, excitement, and exercise.

Pure Trek Canyoning & Mountain Biking Pure Trek Costa Rica



Pure Trek canyoning & cooking Class

The combination of canyoneering and a cooking class is perfect for couples and groups of friends who wish to explore both the Costa Rican rainforest and local tropical cuisine.

Pure Trek Canyoning & Cooking Class - Pure
Trek Costa Rica



Back to contents

4 activities in 1 day

Visit the Arenal Volcano and Lagoon, La Fortuna River waterfall, hanging bridges and hot springs, 4 activities in 1 day, at a pace you will enjoy. Don't miss it!

Tour Combinado: Top 4 actividades en 1
día - Ecoterra Costa Rica



Bicycle tour around Lake Arenal and other tours

The perfect tour to get to experience the area around Lake Arenal. Enjoy contact with nature and the view of the Arenal Volcano.

Adventure Tours - Arenal Tours



Adventure in the canopy and Tarzan Swing

Let go of stress and tension. With the canopy adventure and the Tarzan Swing you will return home relaxed.

Adventure Tours - Arenal Tours



Class II and III Rafting

Enjoy a rafting adventure in class II and III rapids on the Balsa River. You will always remember the moment the white water invaded your raft. Exciting.

Waveexpeditions.com
Rainforesttravelcr.com/arenal-tours

Arenalobservatorylodge.com









La Fortuna

ural tourism

Rural Tourism

Finca 360 Bed and Breakfast

We have over three kilometers of well-maintained trails, a suspension bridge and access to beautiful waterfalls nearby. All this is part of our charming lodge. Our tour operator, Viajes Colibri, offers additional tours, such as horseback riding, canopy tours, rappelling, butterfly garden, coffee tour, stand up paddle boarding and more.

Our lodge is perfect for yoga retreats, family reunions and for anyone who loves nature and wants to be in an out-of-theordinary paradise.

For Costa Ricans, the term La Finca has a very special meaning. More than a place to live and work, it is an identity. La Finca is

the place where our families grew up; it is where our values, work ethic and respect for others and their work come from.

That's the kind of place we have at La Finca Lodge: quiet, surrounded by nature, the perfect place to disconnect!

www.lafincacr.com

Rural Tourism



Rural Tourism



Canyoneering and chocolate tour

The canyoneering and chocolate tour is perfect for families or couples who want a good dose of adventure, culture, and fun!

Pure Trek Canyoning + Chocolate Tour - Pure Trek Costa



Coffee and waterfall tour

The experience of meeting products such as coffee, cocoa and sugar cane.

Canoa-aventura.com



Eden chocolate plantation and tasting

Who doesn't love chocolate, right? And when you visit Arenal, you will have the best opportunity to experience a real organic chocolate plantation at the best farm of all, Eden Chocolate Tour!

Ra<u>in Forest Explorers</u>



Rural communitybased tourism combo

Enjoy Costa Rican rural life, dairy farming, cheese making and dairy product tasting, pineapple plantations and at the end of the day, enjoy a fresh fruit snack.

Hotel Tilajari | Tours | Arenal Volcano

<u>Turismoruraljuanilama.org</u>



Typical Costa Rican experience

All the splendor of Costa Rican rural life in a tour that will show you some Costa Rican customs: milking cows, traditional food, sugar cane milling and the trapiche. Get to know rural Costa Rica.

Tour Campesino Experiencia Típica Costarricense - Ecoterra Costa Rica



Cooking class with a **CR** family

This tour is with a non-English speaking Costa Rican family. Guiselle and Antonio will host one of the best experiences of your visit to Costa Rica. You will make and see how to prepare local tortillas and picadillos (mixed vegetables), adding tropical spices and Guiselle's handmade touch. The activity will end with the sharing of a Costa Rican casado, the official Costa Rican meal.

The House of Tours



Maleku indigenous people

The Maleku indigenous people are found in the northern region of Costa Rica. This reserve hosts 3 different settlements called palenques: Margarita, Tonjibe and El Sol, all within a territory of 2993 hectares and a population of 1000 inhabitants. The main objective of the tour is to learn how this indigenous group lives today and what they have done to rescue their traditions and customs.

<u>Arenalmundoaventura.com</u> Casa Luna Hotel & Spa Montaña de fuego Ecoterracostarica.com



Tortilla making

Get ready for a unique culinary lesson as you arrive at Doña Mara's residence for an exciting tortilla making lesson! Doña Mara and her husband will welcome you with a tropical drink (pineapple, orange, coconut water) at their rancho (similar to a gazebo), where she will prepare a delicious traditional lunch on their rustic wood stove.

Dinghy Expeditions



Visit to the **Don Olivo Farm**

Have fun on an educational tour where you will feed, care for, and interact with the farm animals. Totally recommended for families!

The House of Tours Montaña de fuego



PURA VIDA cooking classes

To learn more about the identity of a people, learn about its food. Learn about Costa Rica while preparing traditional

Exclusive Experiences - Arenal Tours



Chocolate and coffee tour

We offer two tours in one!

In a very entertaining manner, learn about the process that transforms coffee and chocolate crops into the tastiest beverages.

Seven tours The House of Tours



On the chocolate tour we will learn a lot

about the origin of cocoa and how it has evolved into the chocolate we all love today.



Rainforestchocolatetour.com Arenal Observatory Lodge

Ridecr.com/es



La Casona Rio **Fortuna**

The Casona Río Fortuna is a famous attraction in the Arenal Volcano area. It was the home of former Costa Rican President Rafael Iglesias and served as a starting point for the families that colonized the nearby communities of La Fortuna. Your hosts, Milton and Elieth, will make you feel at home in this warm and magical house. In addition, they have worked hard to stock their kitchen with herbs, vegetables, and fruits directly from their own organic garden.

Nayaragardens.com/



Visit to a typical **Costa Rican farming** family

Cow milking experience and dairy product tasting.

Demonstration of the process of artisanal distillation of liquor.

Delicious typical Costa Rican lunch accompanied by products from the farm.

Fortunawelcome.com

Casa Luna



Latin dance classes

Learn to dance to Latin rhythms!

Hotel Selina

Cocktail classes

Learn to prepare your favorite cocktail!

[®]Hotel Selina



Finca de don Pedro

Refreshments are served at Don Pedro's farm where we will observe the Costa Rican way of life and enjoy the kindness of this typical family.

PH<u>otel San Bosco</u>





Finca don Juan

Finca Educativa don Juan Lodge, located 5 minutes from downtown La Fortuna, on the road to Chachagua de San Ramon, in the community of El Jauri. Surrounded by gardens and organic agriculture, its furnished houses for rent and its rustic rooms are part of a unique lodge.

Have fun fishing and eating the delicious tilapia farmed at this lodge.

Finca-Educativa-Don-Juan

Traluxu Travel.com



Arenal Volcano NP, La Peninsula sector

After visiting this wonderful national park we recommend a relaxing bath in thermal waters coming from the imposing Arenal Volcano. The peninsula sector, where the "La Península" trail is located, was established in early 2017. This 1.2 kilometer trail extends to the middle of the forest and is equipped for people with reduced mobility.

Hotel Las Colinas



It is an ecotourism project that began with suspension bridges and today offers a variety of nature trails in the middle of the forest, many of which are accessible to people with physical disabilities. In addition, its staff is experienced in caring for people with different physical, sensory, and cognitive disabilities.

Hotel Las Colinas

La Fortuna Accessible Tours



SKY Tram panoramic views of the tramway

Sky Tram is an aerial tram on which you will travel in an open-air gondola that will gently soar through the forest offering endless views during its mountainous ascent.

Hotel Las Colinas

©Costa Rica Tours: Sky Tram & Sky Trek,

33





Hot springs

An all-natural thermal experience

Rejuvenate yourself with a dip in the mineral-rich hot spring pools combined with fine spatreatments, relaxing accommodations, and an unforgettable vacation.

Our thermal waters are one hundred percent natural, rich in mineral salts and ions such as calcium (Ca + 2), magnesium (Mg + 2), chloride (CL-) and carbon since they come from subway sources of the Arenal Volcano. Due to the high concentration of mineral when immersed in these waters, your skin will be moisturized and refreshed.

Bill Beards Costa Rica

The House of Tour

Hotel Royal Corin

arenalcostarica.cr/

Monterealhotel



Healing volcanic mud baths

Arenal therapeutic mud contains the absolute maximum content of Arenal volcano mud in its purest form. Enjoy highly concentrated natural minerals with therapeutic properties with incredible benefits for your skin. Find it in the thermal pools.

[®]Hotel Montaña De Fuego

Wellness Tours



Wellness Tours



Pamper and revitalize your senses with a day at the spa and receive various rejuvenating treatments. You will come out of each treatment with results you can see, thanks to the antioxidant, rejuvenating, moisturizing, healing, and anti-aging properties of the Caribbean superfoods used derived from the flowers, leaves, bark, roots, seeds and fruits of naturally grown indigenous plants.

- Hotel Royal Corin
- Hotel Montaña de Fuego Amor Arenal
- El Tucano



Wellness and Spa

With a menu inspired by the ancestral

healing methods of the Costa Rican natives,

and the millenary benefits of volcanic mud,

Engadi Spa is an oasis of serenity. Relax

with treatments and therapies designed to

improve your physical and mental state

using premium natural therapeutic

ingredients such as volcanic mud, raw

honey, organic herbs, organic cacao, and



Bath therapy

Ask about this special therapy that takes

place in the middle of the rainforest. You

will be assisted by a spiritual guide from

the Maleku tribe. This natural therapy

offers great benefits to your mental state.

Subject to availability.

Hotel Montaña de Fuego

Forget who you are for a moment to be

part of nature and enjoy with all five

senses. Shade your eyes green, listening to

the sound of silence, caressing the bark of

the trees, inhaling the scent of flowers, and

wishing to stay in that moment forever.

Hotelvistadelcerro.com

La Paz Arboretum

El Arenal Sensory garden of medicinal plants

A beautiful sensory place where a tour through a garden of medicinal plants will activate our senses in a natural way,

Energetic morning walk to El Salto

Start your day with a boost of energy and connect with nature!

Hotel Selina

connecting with nature and ourselves.





Sauna

The steam room was built over natural hot springs. The temperature of the water vapor varies depending on the weather temperature, generally between 40°C (104°F) and 50°C (122°F). The humidity inside the steam room is very high.





Upward Yoga

Start your morning the right way, with this powerful upward yoga session!

Hotel Selina

essential oils.

Motel Montaña de Fuego



Empowering Yoga

Test yourself with this powerful yoga class!

Hotel Selina



Canyoneering and Club Río

This full-day adventure takes you to Pure Trek canyoneering for adrenaline-fueled fun, and then Club Rio, an adventure club inside The Springs Resort & Spa, for an afternoon filled with more adventure, hot springs, and relaxation.

Puretrek.com/tour/canyoning



The Spa - Hotel **Tucano**

The Spa offers a wide variety of massages, body treatments, aquatic therapies, holistic therapies, salon services, waxing, esthetics and more.

The Spa – El Tucano Resort & Thermal



The Sanctuary Spa

Let your body revitalize, feel the goodness of mother nature, water, minerals, and oils. You will feel like new.

Five Star Spa Costa Rica - The Springs

Resort & Spa

Wellness Tours





Yoga Deck

Starting the day with yoga is pleasant, especially if you add that you will do it in the middle of the rainforest.

Yoga Deck - Hotel Arenal Springs



Observatory Spa

Relax, let go of stress and enjoy the tropical forest in the area. Go home renewed.

Servicios de Spa en Arenal Observatory

Lodge - Arenal Observatory Lodge & Spa



Neidin Spa

You will live a "spa experience" that combines various spa treatments and salon services, specially designed to complement each other for maximum therapeutic and relaxation benefits.

Hotelarenalkioro.com/es/spa



Arenal Paraíso Resort spa and wellness

Pamper your skin with exclusive facial and body aesthetic treatments and delicate hand and foot therapies. In our spa, you will be attended by highly qualified and experienced personnel, who seek satisfaction and high quality results for each of our clients.

Spa & Wellness | arenalparaisoresort



Arenal Paraíso Resort hot springs

Our thermal mineral waters are 100% natural and are surrounded by the natural beauty of our unique paradise. The waters spring from a natural underground river of the Arenal Volcano and carry a great variety of minerals that benefit the skin in different ways, besides giving you the peace and relaxation, you need and desire.



Hotel Los Lagos spa and hot springs

Natural Hot Springs at Arenal Volcano in CR



Wedding Venues

A wedding is an event worth celebrating and what better way to do it than in the rainforest. Everyone will remember that special wedding.

Costa Rica Wedding Venues - The Springs Resort & Spa (thespringscostarica.com)



Weddings and events Tabacón

What better place than a tropical rainforest complemented with hot springs, to hold your wedding or event, it will be unforgettable.

Weddings and Events - Tabacón

(tabacon.com)

Hotel Los Lagos

We offer a fully customized stay to provide an unforgettable experience. We include canopy tours, romantic dinner, horseback riding and other services that will make your stay memorable.

Hotel Los Lagos

Arenalparaisoresort.com/hotsprings

Map - Directory of tourist services





Service	Contact	
Emergencies:		TOURIST INFORMATION OFFICE
Firefighters Costa Rica, La Fortuna, Alajuela, Tourist Police La Fortuna GAR Police La Fortuna CCSS Clinic La Fortuna SANAR Clinic La Fortuna UNIMED AMBULANCE TRAUMA CENTER	(506) 2479-1553 (506) 2479-7257 (506) 2479-9689 (506) 2459-1700 (506) 2479-9420 (506) 2479-1903	Costa Rican Tourism Board ictsancarlos@ict.go.cr Telephone: : (506) 2461-9102 https://www.visitcostarica.com/es
Banks:		
POPULAR NACIONAL COSTA RICA BAC SAN JOSÉ COOCIQUE LA FORTUNA	2479-9422 2479-9022 2479-9113 2479-8576 2401-1500	
Center of attention to the citizen	Migration Call Center, 1311 HAttention hours: Monday to Friday from 7:00 a.m	. to 5:00 p.m. to 6:00 p.m. Saturdays from 9:00 a.m. to 2:00 p.m. Sundays closed
More information	sancarlosesparavos.com / arenalcostarica.cr	
San Carlos Municipality	www.munisc.go.cr/	





How to get there?

La Fortuna de San Carlos is in the northern part of Costa Rica and can be accessed by different routes and from different destinations. Likewise, you can use several transportation options to get to La Fortuna, whether you rent a car or book a private transportation or shuttle service.



From San José:

Route 1 is the most used route. It is through San Ramón and there is a second route through Zarcero. In either case, it is about 2.5 hour drive from La Fortuna to San José.

Route 4 through Braulio Carrillo and Sarapiquí, allows you to travel to the Central Valley or to the Caribbean.

During the trip there are several things you can do or visit, for example you could go to Naranjo and be a part of a coffee tour, or you could pass through very picturesque towns like Sarchí and stop at the Zarcero park.

From Monteverde:

If you are coming or going to Monteverde from La Fortuna, you can take the traditional route, passing through Tilarán, which will take approximately 3 hours. You could also take the jeep boat jeep option, which takes you from your hotel in La Fortuna to your hotel in Monteverde and includes a small boat ride on Lake Arenal.

From Liberia Guanacaste

The most used route is passing through Cañas and Tilarán, that takes about 2.5 hours and during your trip you could contemplate the Arenal Lake.

It is important to mention that you can also use public bus transportation to get to La Fortuna, although it takes longer, and you may have to make one or two bus stops along the way.

COSTA RICA COUNTRY CODE: 506 (If you are calling from another country) **Transports**

Place	Contact
Tobías Bolaños Airport, Pavas. Son José	Tel.: 2232-28201/2232-7330
Juan Santamaría Airport: Information	Tel.: 2437-2626
Daniel Oduber Quirós International Airport, Liberia Guanacaste Administration and Information	Tel.: 2668-1010
Private Tourist Transportation	
Air Transport	
SANSA	Tel.: 2290-4100/2290-4400 sansareservations@taca.com www.flysansa.com
Aerobell Hangar #2	Tel. 4000-2030 Pavas Aiport www.aerobell.com
Departures from Juan Santamarí	ía International Airport.
Air taxi Centroamericano AVIONES TAXI AEREO S.A	Ph: (506) 2431-0160/ (506) 2431-0293 reservations@airchartercentralamerica.co Pavas Airport www.tacsa@racsa.co.cr
Paradise Air Pavas Airport	Tel.: 2231-0938, 2296-3600. www.flywithparadise.com
Helicopters	
Aensa	Tel.22321248 www.aerotourscr.com



See safety tips here



Costa Rica is a place where nature abounds and adventure awaits you, just remember:

- Book tours offered by authorized travel agencies.
- Always check local weather conditions and forecasts before making a tour.
- Make sure that the tour guide provides you with safety instructions and the rules and regulations of the activity before starting a tour.
- Make sure that the company has an operating permit issued by the Ministry of Health, insurance policies and certified tour guides.



Directory of tourist services



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LIST OF LODGING COMPANIES WITH TOURIST DECLARATION 2021			
NAME	TELEPHONE	E-MAIL	WEB SITE
C.T. TILAJARI	24621212	info@tilajari.com	www.tilajari.com
HOTEL EL TUCANO RESORT & TERMAL SPA	2-4606000	reservaciones@hoteltucano.com	www.hoteleltucano.com
ARENAL LODGE (Hotel La Posada del Arenal- Hotel y Spa Arenal Lodge)	24791881	reservations@arenallodge.com	www.arenallodge.com
HOTEL ARENAL SPRINGS RESORT AND SPA	24013300	reservations@thespringscostarica.com	www.thespringscostarica.com
HOTEL ARENAL SPRINGS RESORT AND SPA	24791212	info@arenalsprings.com	www.hotelarenalsprings.com
HOTEL GARZA DEL PLATANAR	2-4755222	info@hotellagarza.com	www.hotellagarzaarenal.com
ARENAL OBSERVATORY LODGE	2-4791070	info@arenalobservatoryloge.com	www.arenalobservatorylodge.com
HOTEL LA CENTRAL	2-4600301	hcentral@racsa.co.cr	www.hotellacentral.com
Albergue LA LAGUNA DEL LAGARTO	22004629	lagarto@racsa.co.cr	www.lagartolo-lodge-costa-rica.com
HOTEL EL CONQUISTADOR	2-4600546	hconquistador@ice.co.cr	www.hconquistador.com
TABACON GRAND SPATHERMAL RESORT	24792000	sales@tabacon.com	www.tabacon.com
HOTEL ARENAL COUNTRY INN	2-4799669	info@arenalcountryinn.com	www.arenalcountryinn.com
LUIGI'S HOTEL	2-4799898	info@luigishotel.com	www.luigishotelcom
Hotel LOMAS DEL VOLCAN	2-4799000	info@lomasdelvolcan.com	www.lomasdelvolcan.com
HOTEL ARENAL PARAISO RESORT & SPA	24791100	reservas@arenalparaiso.com	www.arenalparaiso.com
LOS LAGOS HOTEL SPA & RESORT	2-4791000	reserve@hotelloslagos.com	www.hotelloslagos.com
ALBERGUE DE MONTAÑA MAQUENQUE ECOLODGE	24798200	info@maquenqueecolodge.com	www.maquenqueecolodge.com
HOTEL LA PRADERA DEL ARENAL	24799644	info@lapraderadelarenal.com	www.lapraderadelarenal.com
FINCA VILLA TINA	2-4609609	fincavillatina@gmail.com	www.fincavillatina.com
HOTEL ARENAL VOLCANO INN	2-4791122	reservaciones@arenalvolcanoinn.com	www.arenalvolcanoinn.com
HOTEL LAS TABLITAS	2-4780411	hotelyrestaurantelastablitas@gmail.com	www.hotelparaisonatural.com
HOTEL ARENAL RABFER	2-4799187	info@arenalrabfer.com	www.arenalrabfer.com
HOTEL ARENAL MANOA	2-4791111	info@arenalmanoa.com	www.arenalmanoa.com
HOTEL ARENAL KIORO	2-4791700	reservas@hotelarenalkioro.com	www.hotelarenalkioro.com
CASA LUNA HOTEL & SPA	2-4797368	info@casalunalodge.com	www.casalunahotel.com
HOTEL MOUNTAIN PARADISE	2-4791414	guesservice@hotelmountainparadise.com	www.hotelmountainparadise.com
HOTEL LA FORTUNA	2-4799197	reservas@lafortunahotel.com	www.hotellafortunahotel.com
CABINAS FARO ARENAL	2-4797092	info@cabinasfaroarenal.com	www.hotelfaroarenal.com
HOTEL ROYAL CORIN WELLNESS AND SPA RESORT	2-4792200	info@royalcorin.com	www.royalcorin.com
HOTEL LAS COLINAS	2-4799305	info@lascolinasarenal.com	www.lascolinasarenal.com
ARENAL NAYARA HOTEL & GARDENS	2-4791600	reservas@arenalnayara.com	www.arenalnayara.com
HOTEL VISTA AL CERRO	24797029	info@hotelvistadelcerro.com	www.hotelvistadelcerro.com
SELINA LA FORTUNA	24795279	reception.lafortuna@selina.com	www.selina.com

Directory of tourist services

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LIST OF I	ODGING COMPA	NIES WITH TOURIST DECLARATION 20)21
NAME	TELEPHONE	E-MAIL	WEB SITE
HOTEL MONTAÑA DE FUEGO	24791220	reservaciones@montanadefuego.com	www.montanadefuego.com
ARENAL OASIS ECOLODGE	24799526	info@arenaloasis.com	www.arenaloasis.com
HOTEL SECRETO LA FORTUNA	24797047	gerenciahotelsecreto@gmail.com	www.secretolafortuna.com
MUSSAENDA POSADA & GARDENS	24791900	info@mussaenda.com	www.mussaenda.com
HOTEL MONTE REAL	24799357	gerencia@monterealhotel.com	www.montereal.com
ALBERGUE RyA del VOLCAN	83505305	ryadelvolcan@gmail.com	
Posada de Turismo Rural Finca 360	85305373	finca360cr@gmail.com	
HOTEL SAN BOSCO INN	24799050	gerencia@hotelsanbosco.com	www.hotelsanbosco.com
LA FINCA LODGE	40001305	info@lafincacr.com	www.lafincacr.com
HOTEL AMOR ARENAL	24797070	reservations@amorarenal.com	www.amorarenal.com
Volcano Lodge Hotel &Thermal Experience	24792800	info@volcanolodge.com	www.volcanolodge.com
HOTEL LAVAS TACOTAL	24791210	reservaciones@tacotal.com	www.tacotal.com
LA FORTUNA SUITES LODGE	24798419	reservations@lafortunasuites.com	www.lafortunasuites.com
HOTEL MIRADAS ARENAL	24791944	info@miradasarenal.com	www.hotelmiradasarenal.com

LI	ST OF TRAVEL AGEN	ICIES WITH TOURIST DECLARATION	N 2021
NAME	TELEPHONE	E-MAIL	WEB SITE
Viajes COLIBRI	24721068	info@viajescolibri.cr.com	www.viajescolibricr.com
A.V.AVENTS ARENAL AZUL	24799133	info@arenaladventures.com	www.arenaladventures.com
DESTINOS ECOLOGICOS	2-4601507		
EAGLE TOURS	2-4799091	solarenal@racsa.co.cr	www.eagletours.net
AG.V RECEPTIVA JACAMAR NATURALIST TOURS	2-4799767	info@arenaltours.com	www.arenaltours.com
AG. PURA VIDA	2-4799045	info@puravidatrips.com	www.puravidatrips.com
Canoa Aventura	2-4798200	info@canoa-aventura.com	www.canoaaventura.com
Agencia de Viajes Emisora Aeronort	2-4603711	aeronortagency@gmail.com	www.aeronortcr.com
Anywhere Costa Rica	2-4798811	info@anywherecostarica.com	www.anywherecostarica.com
Desafío La Fortuna	24790020	info@desafiocostarica.com	www.desafiocostarica.com
Wave Tours	24797262	info@waveexpeditions.com	www.waveeexpeditions.com
Agencia de Viajes Ecoterra Costa Rica	24798333	info@ecoterracostarica.com	www.ecoterracostarica.com
Agencia de Viajes Rainforest Travel CR	89267424	info@rainforesttravelcr.com	www.rainforesttravelcr.com
Agencia de Viajes Emisora Soluciones Turísticas CA7	24744057	info@solucionesturisticasca7.cr	www.solucionesturisticasca7.cr
Agencia de V. Emisora San Carlos	24612030	ventas@viajessancarlos.com	www.viajes-sc.com

Directory of tourist services



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LIST OF TRAVEL AGENCIES WITH TOURIST DECLARATION 2021				
NAME	TELEPHONE	E-MAIL	WEB SITE	
Agencia de Viajes Receptiva Ride CR Nº 1	24692020	info@ridecr.com	www.ridecr.com	
Agencia de Viajes Receptiva Arenal Volcano Shuttle	83219888	info@arenalvolcanoshuttle.com		
Agencia de Viajes Callidryas Tours	24797007	gerencia@calliddryasstours.com	www.callidryastours.com	
Agencia de Viajes Travel Arenal	24799656	info@travelarenal.com		
Agencia de Viajes Seven Tours Costa Rica	24790770	jrodriguez@seventours.com		
Agencia de Viajes Lobos Tours	24799208	lobostours@gmail.com		
Agencia de Viajes The House of Tours	24797530	info@thehouseoftours.com		

LIST OF RESTAURANTES WITH TOURIST DECLARATION 2021					
NAME	TELEPHONE	E-MAIL	WEB SITE		
HAMBURGS. CARLITOS	2-4602454				
BAR REST KLEAVERS	24606444		info@kleaver.com		
REST PIZZA HUT	2-4608212		restaurantesancarlos@piezzahutcr.com		
REST LA HACIENDA	24757340				
Restaurante LAVA ROCKS CAFÉ	2-4798039	lavarocks@ice.co.cr			
Inspira Café y Restaurante	24797139	inspiracafecr@gmail.com			
El Descorche de los Geranios BAR					

LIST OF ACTIVITIES WITH TOURIST DECLARATION 2021				
NAME	ACTIVITY	TELEPHONE	E-MAIL	WEB SITE
Green Earth Gardens S.A	Parque Temático de Captura y Depósito de Carbono	2-2969949	info@greenearthgardens.org	
Valle Monteverde S.A	Costa Rica Sky Adventures	24794100	info@skytrek.com	www.crskyadventurestravel
Puro Equipo USA S A	Pure Trek Canyoning	24791313	canyoning@puretrek.com	www.puretrekcostarica.com
KM Tropicales S.A	Paradise Hot Springs	24791380	info@paradisehotsprings.com	www.paradisehotsprings.com
Rainforest Experience S.A.	Rainforest Chocolate Tours	24790090	info@rainforestchocolatetour.com	www.rainforestchocolatetour. com
Asoc.de Desarrollo Integral La Fortuna de San Carlos	Reserva Ecológica Catarata Río La Fortuna	24799515	administración@cataratalafortuna.com	www.cataratalafortuna.com
Sociedad Bioecologica del Norte S.A.	Reserva Biológica Ecocentro Danaus	24797019	danaus.gerencia@hotmail.com	www.ecocentrodanaus.com

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LIST OF ACTIVITIES WITH TOURIST DECLARATION 2021				
NAME	ACTIVITY	TELEPHONE	E-MAIL	WEB SITE
Acsufa Parque Ecológico S.A	Parque Ecológico Arenal Mundo Aventura	24799762	reservaciones@arenalmundoaventura. com	www.arenalmundoaventura.com
Nalavi Verde S.A.	Mistico Park	24798282	info@misticopark.com	www.misticopark.com
Eden Chocolate Tour S.A.	Eden Chocolate Tour	22005497	edenchocolatetourcr@gmail.com	
La Vaca Muca S.A.	Chocolatería y Cafetería Estukurú	24797083	frivas@estukuru.com	
Inversiones El Macizo RMM S.A.	Actividad Temática Ecoglide Arenal Park	24797120	contablidad@arenalecoglide.com	
Arenal Natural Ecuestre S.A.	Actividad Temática Arenal 1968	40011968	info@arenal1968.com	www.arenal1968.com
Pedro Cordero Nuñez	Actividad Temática Finca Agroecológica Vivencias Campesinas	88538405	vivenciascampesinascr@gmail.com	

LIST OF LODGING COMPANIES WITH TOURIST DECLARATION AS BOUTIQUE					
NAME	TELEPHONE	E-MAIL	WEB SITE		
ARENAL NAYARA HOTEL & GARDENS	2-4791600	reservas@arenalnayara.com	www.arenalnayara.com		
HOTEL ARENAL SPRINGS RESORT AND SPA	24013300	reservations@thespringscostarica.com	www.thespringscostarica.com		
TABACON GRAND SPATHERMAL RESORT	24792000	sales@tabacon.com	www.tabacon.com		
HOTEL ARENAL KIORO	2-4791700	reservas@hotelarenalkioro.com	www.hotelarenalkioro.com		
HOTEL ROYAL CORIN WELLNESS AND SPA RESORT	2-4792200	info@royalcorin.com	www.royalcorin.com		

		SPA	
NAME	TELEPHONE	E-MAIL	WEB SITE
Albergue Observatorio Volcán Arenal S.A	22907011	tours@arenalobservatorylodge.com	www.arenalobservatorylodge.com



