



four

The power of together

Costa Rica Tourism 2018 Blogger Trip Report

May 2019

Project Summary

In 2018, on behalf of ICT, Four Travel organised a blogger / influencer trip to Costa Rica to promote the country's lesser-known areas. The theme of the trip was “off the beaten track”.

The following four bloggers and influencers were secured:

1. Chloe Gunning - [Wanderlust Chloe](#) (blogger)
2. Marta Rusinowska - [A Girl Who Travels](#) (blogger)
3. Neel Patel - [Flunking Monkey](#) (influencer)
4. Allan Hinton - [Chaiwalla](#) (influencer)

Press Trip Itinerary

The press trip itinerary included:

- Arrival and overnight in San José
- Orosí
 - Gallinita Feliz Farm
 - Orosí Colonial Church
 - Orosí al Natural Spa
 - Rafting
- San Gerardo de Dota
- Osa Peninsula
 - Hiking in Corcovado National Park
 - Tabacon hot springs
 - La Fortuna waterfall
- Alajuela
 - Toro Waterfall
 - Zarcero Church

The power of together

four

Wanderlust Chloe

The power of together

four

Wanderlust Chloe

Blog: 125,000 MUU
Instagram: 24,000
Facebook: 6,000
Twitter: 13,000



————— *A top UK travel blog for lovers of adventure, food, luxury and more* —————

Summary of activity:

- 2 blog posts
- 7 Instagram posts
- Daily Instagram stories (+50)
- 25 Tweets
- 16 Facebook posts

The power of together

four

Blog: Wanderlust Chloe

TWO WEEKS IN COSTA RICA: THE ULTIMATE COSTA RICA ITINERARY

10th December 2018



From the epic volcanoes at Arenal and zip lining in Monteverde, to the wildlife on the Pacific and Caribbean coasts, it's time for the ultimate two weeks in Costa Rica.

I've just returned from my SECOND trip to Costa Rica. While I saw a lot on my first visit in 2014, it definitely left me wanting more! A few weeks ago I received my Costa Rica itinerary and wow did it look AMAZING. The big attraction? The fact it would take me to places I'd never been before, including Corcovado National Park – one of the world's top destinations for spotting wildlife.

Two Weeks In Costa Rica: The Ultimate Costa Rica Itinerary

To design this Costa Rica itinerary, I've selected my top seven places from both of my trips and suggested how many days to spend in each. Obviously, with travel time, you might need a few extra days if you want to see ALL of them, but it's a good starting point if you're planning to spend two weeks in Costa Rica.

Costa Rica is ALL about nature. While some areas are becoming a little overrun with tourists during high season, there are still plenty of great places that still feel 'secret'. I've included a nice mix in this Costa Rica itinerary. I think you'd regret it if you don't visit a few parts that feel truly off the beaten track.

Contents

1. MAP: TWO WEEKS IN COSTA RICA
2. La Fortuna: 2 Days
3. Monteverde: 2 Days
4. Naranjo / Zarcero: 1 Day
5. Corcovado National Park: 3 Days
6. Orosi: 2 Days
7. Puerto Viejo De Talamanca: 3 Days
8. Useful Info For Planning A Trip To Costa Rica



<https://www.wanderlustchloe.com/costa-rica-itinerary/>

The power of together

four

Blog: Wanderlust Chloe

REVIEW: LAPA RIOS, COSTA RICA

4th January 2019



Set within a 1000-acre private nature reserve, [Lapa Rios](#), Costa Rica is one of the most spectacular lodges you'll ever visit.

I've stayed in some incredible places on my travels, but [Lapa Rios](#) is one of the most memorable yet. Sleeping in impressive wooden bungalows with enormous terraces, and just nets for windows means you feel closer to nature than ever.

Where Is Lapa Rios, Costa Rica?

Located in Matapalo in Costa Rica's Osa Peninsula, [Lapa Rios Lodge](#) sits within a 1000-acre private nature reserve. It's around 12 miles from the town of Puerto Jimenez where there's also a small airport. If you're arriving to San Jose, then I'd recommend catching the 50-minute flight with Sansa Airline as it'll save you a lot of time, leaving you more precious minutes in the beautiful rainforest!



At the airport, the team from Lapa Rios will be waiting with welcome drinks and their private vehicles, ready to transport you to the lodge.

What Is Lapa Rios, Costa Rica?

This rainforest ecolodge has sustainable tourism at its heart. Opened in 1993, the owners set out to create a sustainable lodge, which protected its endangered surroundings. The lodge has won countless awards, and has been flying the flag for ecotourism since it opened.

It was named one of National Geographic Unique Lodges In The World – a deserving accolade considering the spectacular design, location and its ecological conscience.

The property sprawls throughout a section of rainforest... so much so, it's pretty much hidden! You'll arrive at the hotel's reception and restaurant/bar area. The restaurant has a spectacular spiral staircase in the centre, which I just couldn't stop taking photos of! Beyond that are terraces, a Wifi area, and a swimming pool.

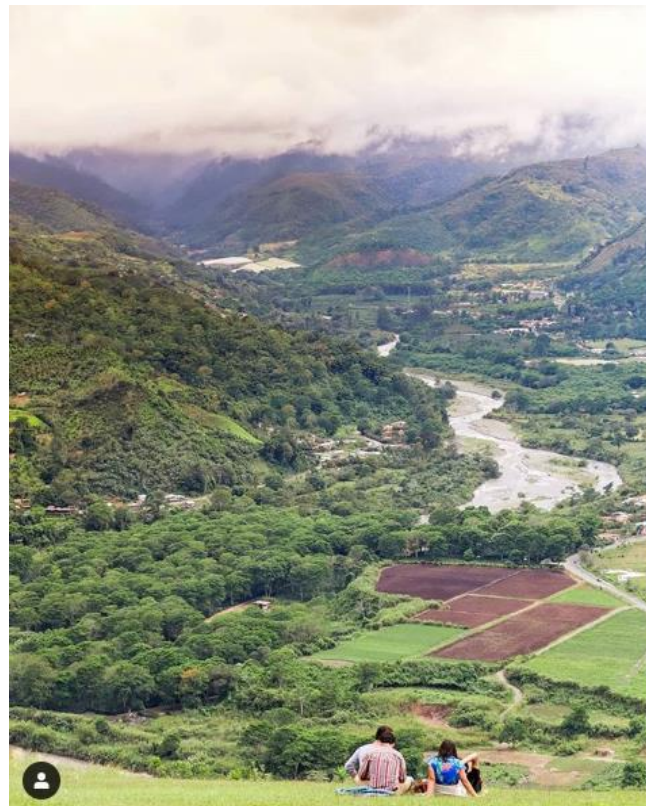


<https://www.wanderlustchloe.com/lapa-rios-costa-rica-review/>

The power of together

four

Instagram: @wanderlustchloe



wanderlustchloe • Follow
Orosí, Cartago, Costa Rica

wanderlustchloe C O S T A R I C A cr YAY I've returned to one of my fave parts of the world, and am slowly relaxing into the Pura Vida life and reminiscing about the place where my blogging life began! This week I'm exploring a heap of places in Costa Rica that you might not know about, starting with this beauty - Orosí! So lush, green and mysterious with low hanging clouds and rushing rivers. ❤️ Check out my Story to see what crazy adrenaline activity I did today! Still recovering! 😊 #CostaRica

Load more comments

kikesevi @wanderlustchloe ¡Gracias! The best is yet to come... Corcovado, here we go!!

pleppita @wanderlustchloe true, it's a beautiful place 😊😊

explorerswanderlustcorcovado



587 likes

NOVEMBER 19, 2018

Log in to like or comment.



wanderlustchloe • Follow
Costa Rica

wanderlustchloe M U S I C 🎵 Listening to jungle music in the jungle? Nopeeee, it's Despacito on repeat obvs!! I'm so happy I packed my new @houseofmarleyuk Positive Vibration 2 wireless headphones for my trip to Costa Rica. Great sound quality, super cute and I 😍 the earth-friendly vibe of the brand too. Definitely the perfect travel buddies for this week's rainforest adventures! 🌿👉 AD #LiveMarley

View all 24 comments

em_luxton Hooray for Despacito 🎵 those headphones are fab!

mcachilleos I need these in my life!! ❤️

vickyflipflop Oo they're wireless? Interesting. I need some new wireless ones. The sound doesn't work very well on mine and you can hear it better from the outside.



335 likes

NOVEMBER 21, 2018

Log in to like or comment.



The power of together

four

Instagram: @wanderlustchloe



wanderlustchloe • Follow
Corcovado National Park

wanderlustchloe TAKE METO THE BEACH 🌴 Corcovado is the absolute highlight for me from this trip to Costa Rica! We woke up just after 4am, spotted toucans, macaws and monkeys on the way to the national park, and then hiked for around 6 hours spotting so much wildlife! I knew it'd be an amazing experience, but having the mix of rainforest and beach made it even more special! 🐼🐼 Oh and hello empty beach... We only passed a few other explorers throughout the entire day! If you ever get the chance to visit, do it!!!! cr ❤️

Load more comments

frockmeimfamous Beautiful shot babe - how stunning is that beach 🤩! Miss Costa Rica so much! Xxx

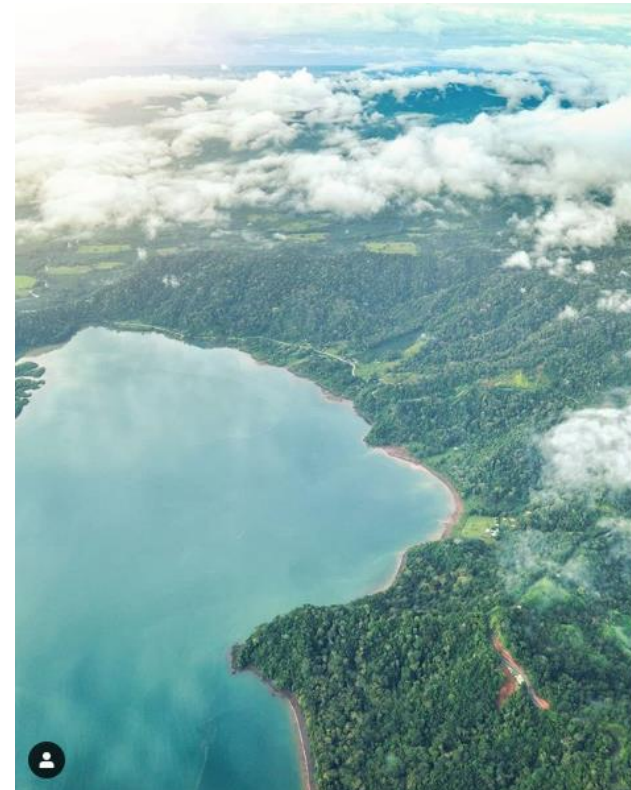
sandy_ruri Beautiful.... 📸



458 likes

NOVEMBER 24, 2018

Log in to like or comment.



wanderlustchloe • Follow
Corcovado National Park

wanderlustchloe WINDOW SEAT 🤔 I've always been a window seat girl, and on the flight from Corcovado to San Jose, it reminded me exactly why! It's just a short flight but it takes you over some of Costa Rica's prettiest spots including Manuel Antonio National Park. 🌴 When I saw the flight in our itinerary I hadn't thought anything of it, but now I'd recommend it over the loooong drive any day! cr Sooooo what do you prefer? Window seat or aisle? @visit_costarica

Load more comments

thecommonwanderer 😍😍😍. No words, just a drool emoji!

taylor_fuller It depends if it's a long flight or not!

oohlookbeenthere I'm pretty nosy so live a window seat until I need to go to the



439 likes

NOVEMBER 25, 2018

Log in to like or comment.



The power of together

four

Instagram: @wanderlustchloe



The power of together

four

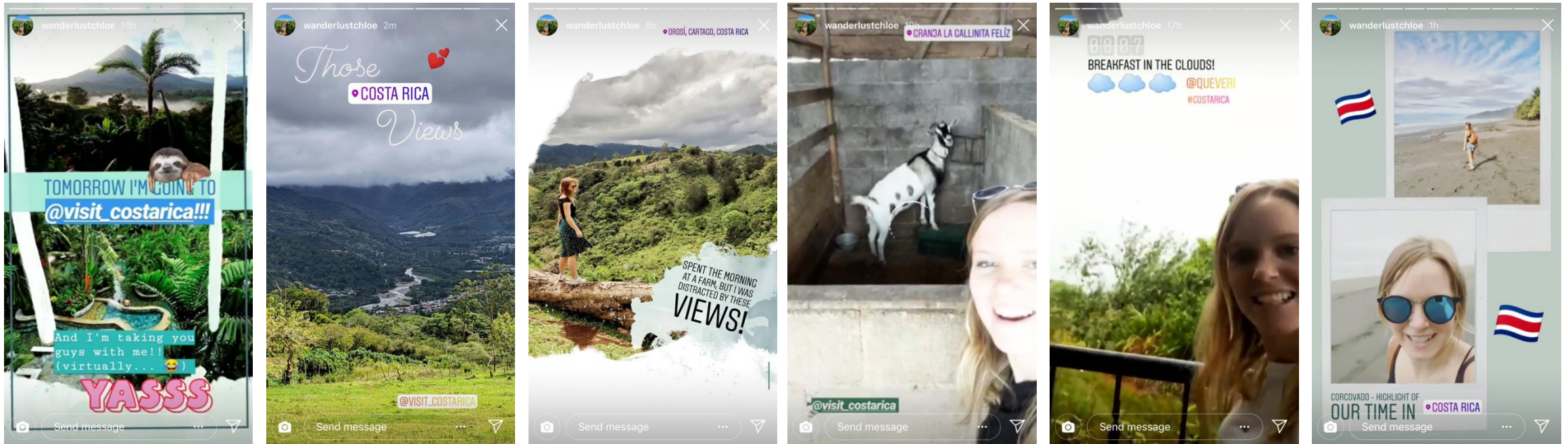
Instagram: @wanderlustchloe



The power of together

four

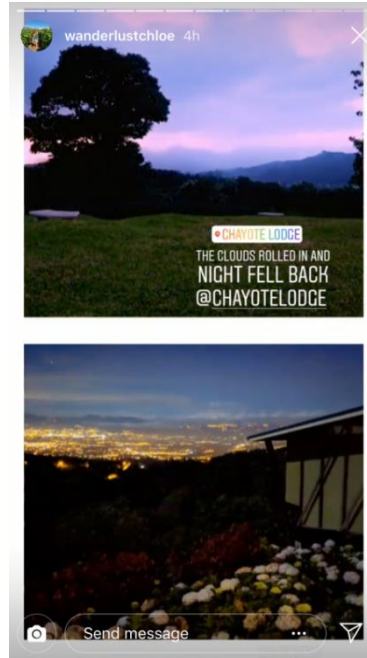
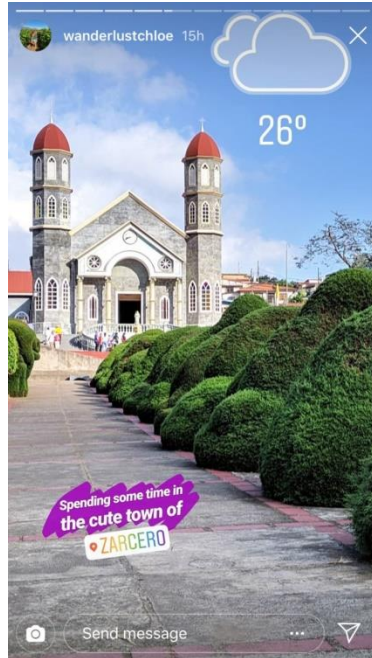
Instagram Stories: @wanderlustchloe - Highlights



The power of together

four

Instagram Stories: @wanderlustchloe - Highlights



The power of together

four

Facebook: @wanderlustchloe



Wanderlust Chloe is 😊 feeling excited.
15 November 2018 · 🌐

I've just got the itinerary through for my trip to Costa Rica and it looks FAB!! Full of nature, outdoor adventures, beautiful scenery and all the good stuff that makes up the PURA VIDA life! 🥰👉 If I'm half as happy as I was when this pic was snapped when I first started travelling, then it's going to be a great week!



👍❤️ 38

8 comments 1 share



Wanderlust Chloe
18 November 2018 · 🌐

And THIS is why I wanted to return to Costa Rica! Clouds resting on mountains and lush views for miles... Now, where are the sloths and monkeys? 🐼🐒 Visit Costa Rica - The Costa Rica Tourism Board



Wanderlust Chloe
20 November 2018 · 🌐

Yesterday was one BIIIIIG day in Costa Rica! I kicked off the day facing my fears on the rapids with my first ever go at white water rafting. I survived, and with a big fat smile on my face too! It was a lot more fun than I ever expected. 😊 Then it was off to the most magical hot springs - Hacienda Orosi. Those views, that water, just magical! 🌟🇸🇨 Visit Costa Rica - The Costa Rica Tourism Board



The power of together

four

Facebook: @wanderlustchloe



Wanderlust Chloe

21 November 2018 · 🌐

Jungle treks, waterfalls, rivers and every shade it green imaginable! Welcome to San Gerardo de Dota - one of the most remote towns in Costa Rica! 🇸🇨 🇸🇨 Visit Costa Rica - The Costa Rica Tourism Board



👍 🍻 🐼 30

1 comment 2 shares



Wanderlust Chloe

22 November 2018 · 🌐

Am. I. Dreaming?! Just checked in to one of the most incredible hotels on the planet. Lapa Rios Lodge is an incredible eco hotel overlooking the Pacific and Corcovado National Park. My room has no windows, just nets, and I'm lying here listening to howler monkeys, frogs, and birds while taking in the beautiful views! 🍷 Stay tuned for some wildlife encounters! 🐼 🐼 🐼

Visit Costa Rica - The Costa Rica Tourism Board



👍 🍻 🐼 48

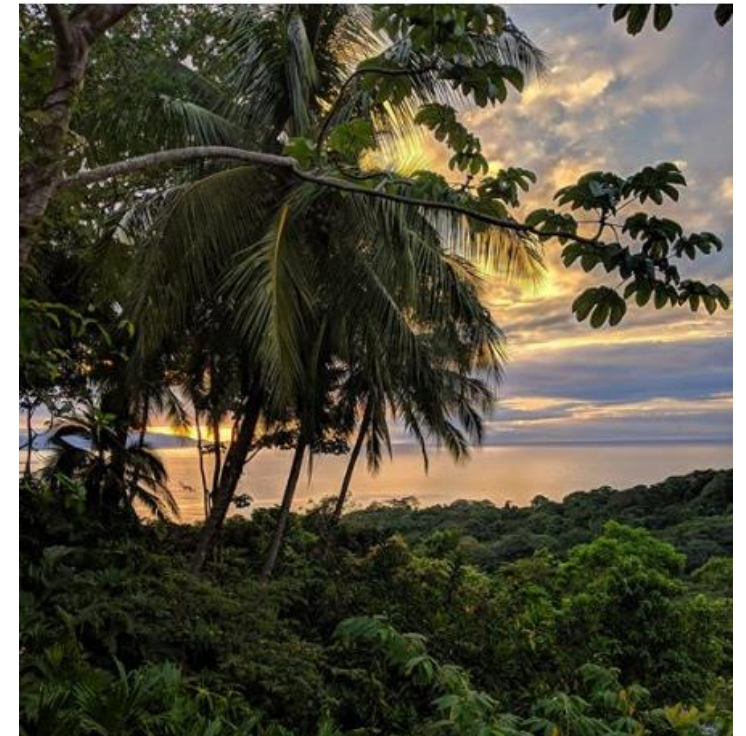
10 comments 8 shares



Wanderlust Chloe

23 November 2018 · 🌐

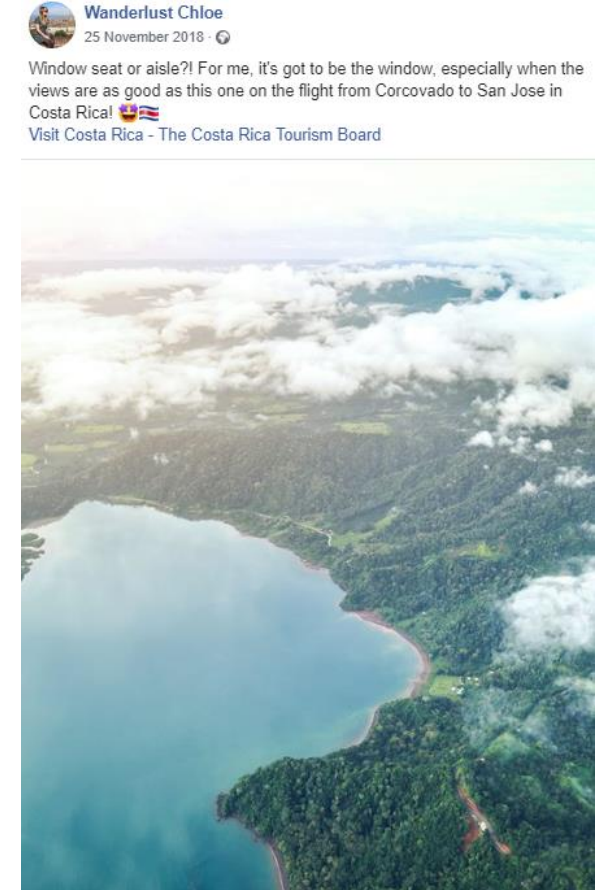
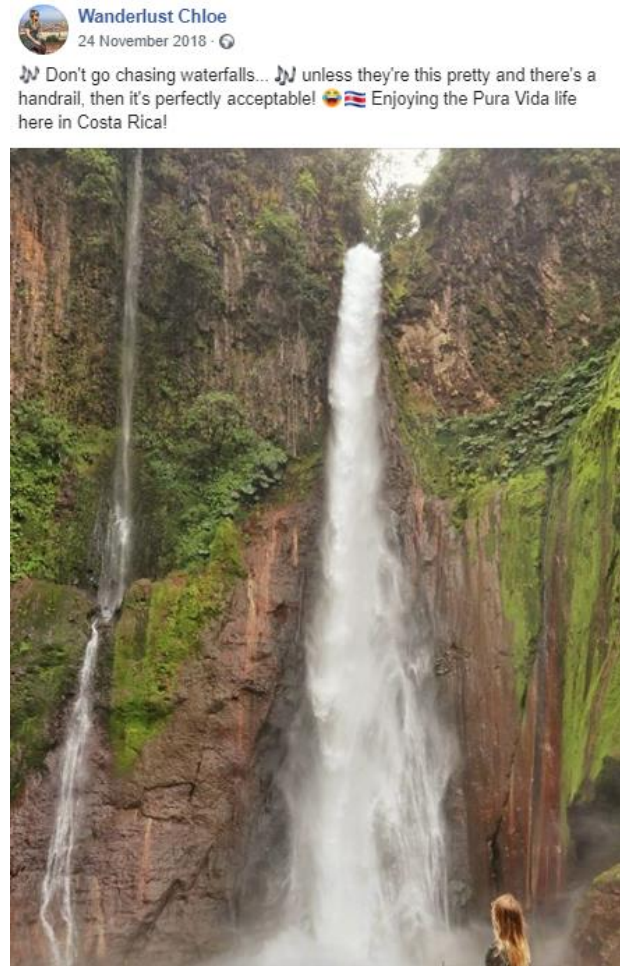
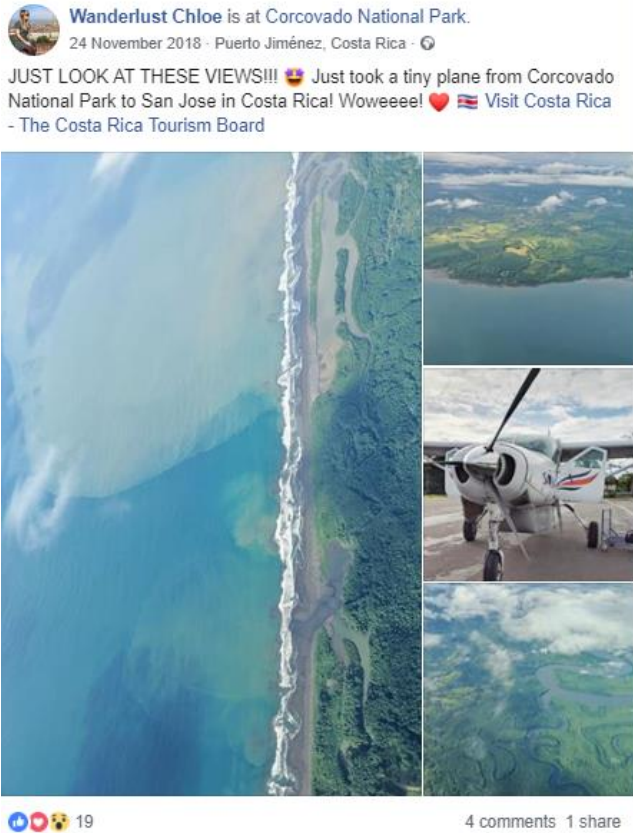
Waking up in the Costa Rican rainforest... 🇸🇨 🇸🇨 Visit Costa Rica - The Costa Rica Tourism Board



The power of together

four

Facebook: @wanderlustchloe



The power of together

four

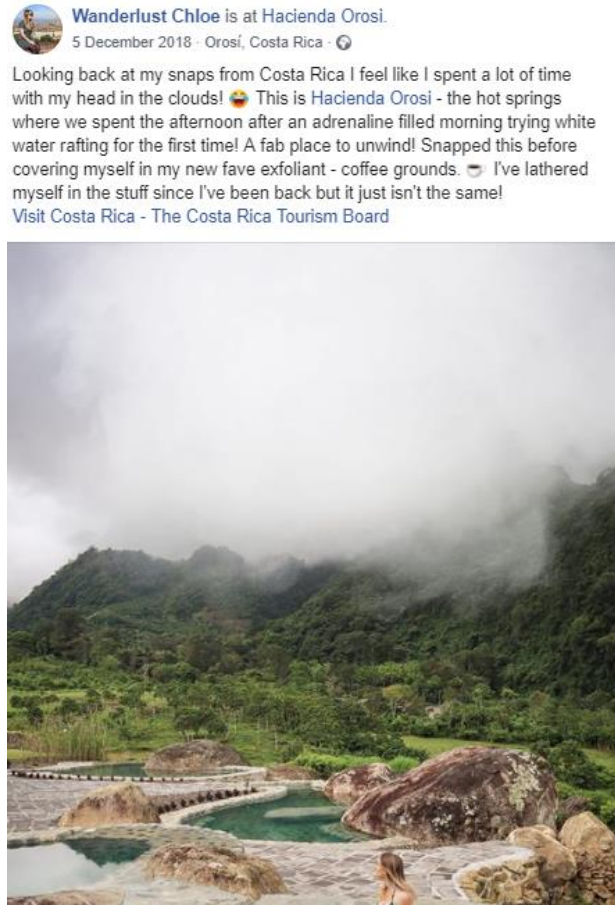
Facebook: @wanderlustchloe



The power of together

four

Facebook: @wanderlustchloe



The power of together

four

Facebook: @wanderlustchloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

Twitter: @WanderlustChloe



The power of together

four

A Girl Who Travels

The power of together

four

A Girl Who Travels

Blog: 3,570 MUU
Instagram: 42,000
Facebook: 4,000
Twitter: 2,000

a Girl who Travels

Summary of activity:

- 1 blog post (to be published soon)
- 6 Instagram posts
- Daily Instagram stories (+50)

Blog: A Girl Who Travels

To be published soon

The power of together

four

Instagram: @a_girlwhotravels



a_girlwhotravels • Follow
Costa Rica

a_girlwhotravels Hola from Costa Rica! It's my first time in this part of the world and I can't get enough of the dreamy landscapes. Just what I needed after spending the past few weeks in London! I'll be here for a week so be sure to follow my stories so we can discover this gorgeous country together ❤️

captured by: @chaiwalla

Load more comments

a_girlwhotravels @minivanofmemories 🥰

organicofortuna 🙌

zajrotopia Nice ❤️

a_girlwhotravels @zajrotopia thank you!:)



518 likes

NOVEMBER 20, 2018

Log in to like or comment.



a_girlwhotravels • Follow
Costa Rica

a_girlwhotravels
All good things in life are wild and free - and Costa Rica has been a perfect reminder of that 🌿

COSTARICAFACTS

Did you know 🤔 that Costa Rica makes up only 0.03% of the Earth's surface but accounts for 5% of the world's biodiversity? It also has more rivers per square mile than almost any other country in the world (it got beaten only by New Zealand!). Costa Ricans make a good use of this fact as a whopping 90% of energy in the country is hydroelectric. 💡

The dedication to keeping Costa Rica's wild spirit alive has been obvious everywhere we went. With biodegradable straws 🌿 available at every cafe (including remote



445 likes

NOVEMBER 23, 2018

Log in to like or comment.



The power of together

four

Instagram: @a_girlwhotravels



a_girlwhotravels • Follow
Lapa Rios Lodge

a_girlwhotravels Hands up if you'd like to start your day with a shower in the middle of a rainforest! 🌿🌿

After a five hour drive from San Gerardo de Dota, one of Costa Rica's most remote villages, @visit_costarica took us to @laparioscr, set in the heart of the rainforest and right by the sandy beaches of the Pacific coast (yes- it really is as dreamy as it sounds!).

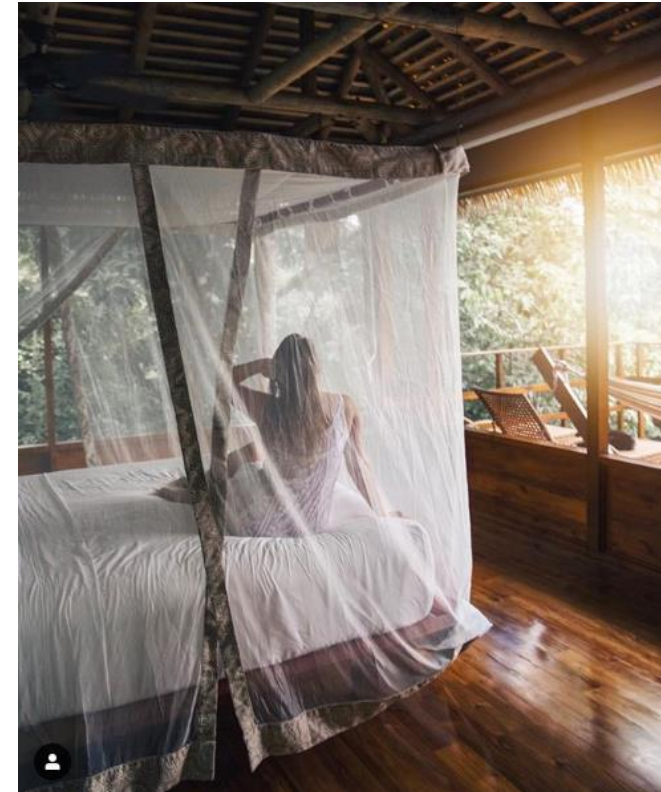
Lapa Rios was named one of the world's most unique hotels by @natgeo and for a good reason. The bungalows are set amongst the wilderness which means you're neighbours with monkeys, macaws and other rainforest residents. I'm not going to lie, falling asleep to screeching and howling took some getting used to 🐒



653 likes

NOVEMBER 27, 2018

Log in to like or comment.



a_girlwhotravels • Follow
Lapa Rios Lodge

a_girlwhotravels Goodnight, Insta fam 😊

Ps. Would you sleep in the middle of a rainforest with nothing but mosquito nets for windows?! It's such a unique experience, falling asleep amongst the wilderness 🌿🌿

captured by: @flunkingmonkey

Load more comments

thetravloper A w e s o m i s t i c ❤️❤️❤️

laurajhyatt Did you sleep here? This is amazing!

a_girlwhotravels @laurajhyatt yes 😊😊 there's no glass in windows and you get to hear the sounds of the jungle as you fall asleep 🌿

life_on_travel 🌿🌿🌿



311 likes

NOVEMBER 28, 2018

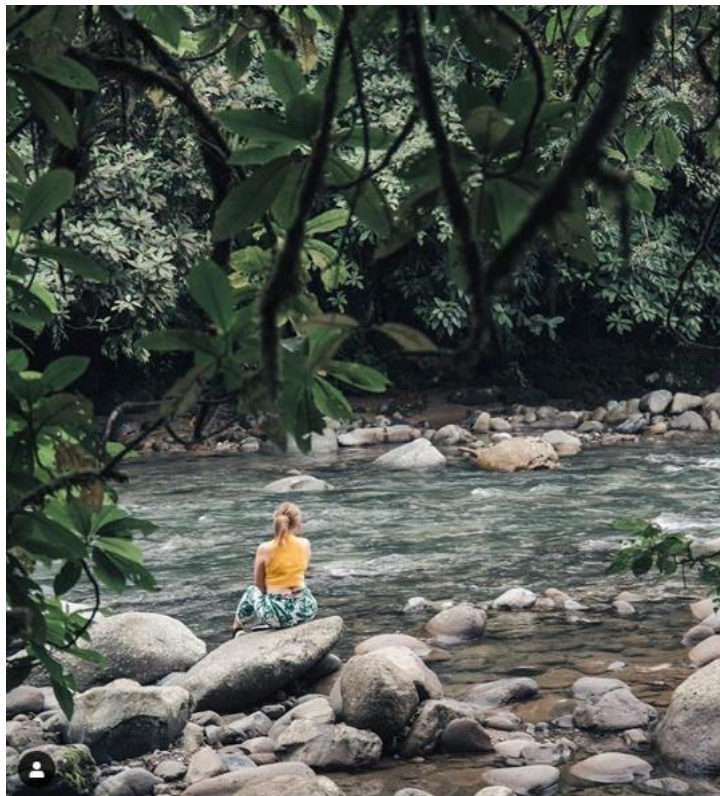
Log in to like or comment.



The power of together

four

Instagram: @a_girlwhotravels



 **a_girlwhotravels** • Follow
Tapantí, Cartago, Costa Rica

a_girlwhotravels A quiet moment of reflection in Tapantí National Park.. Just joking, I was trying not to slip on the rocks while striking my insta pose! 😂

This was my first time seeing a rainforest and it was an amazing experience. I think I'm now ready to take on the Amazon! 🙌

captured by @flunkingmonkey

Load more comments

wanderlustchloe So pretty! While I was throwing myself down a river far less elegantly! ❤️😂

sne.destinations @a_girlwhotravels check your dms

comeflywithme.se Lovely pic!


a_girlwhotravels @comeflywithme.se thank

321 likes

NOVEMBER 29, 2018

Log in to like or comment.



 **a_girlwhotravels** • Follow
Costa Rica

a_girlwhotravels It's a wrap! One last photo from gorgeous Costa Rica before I start sharing my Christmas adventures in Sweden! I love that both places have such a strong connection to nature - it's so soothing to the soul 🌿❤️

View all 21 comments

wanderlustchloe Love that spot! 🥰

ivleadz Nature is love 🥰 Keep spreading the positive energy Marta 🙌🏻 I sent you a DM, I look forward to hearing back from you 📧

makirulez Beautiful photo 🥰

a_girlwhotravels @makirulez thank you ❤️

391 likes

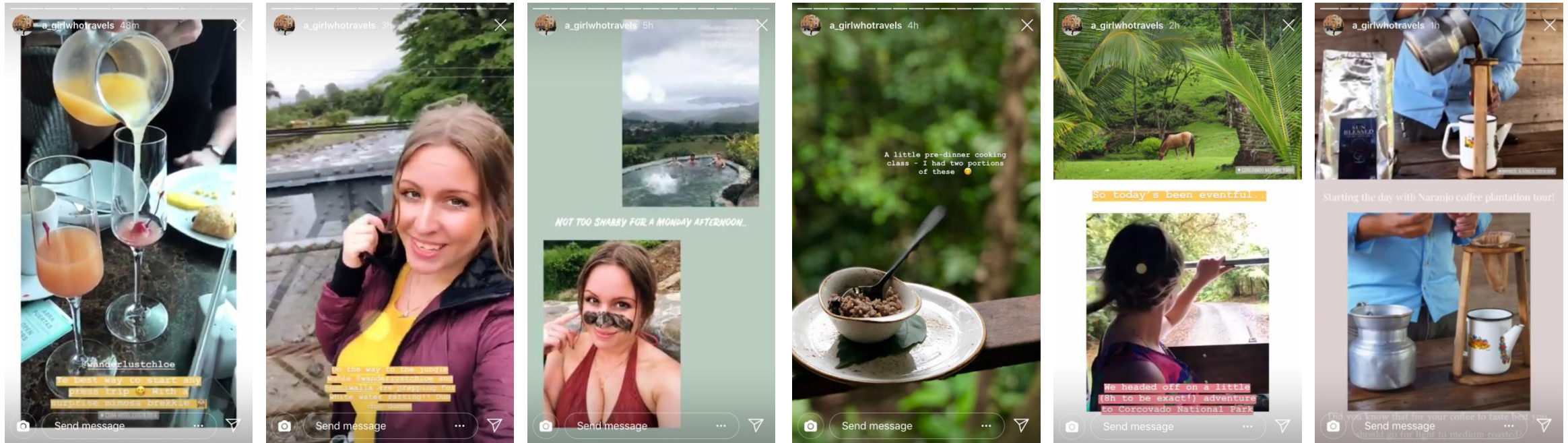
DECEMBER 7, 2018

Log in to like or comment.

The power of together

four

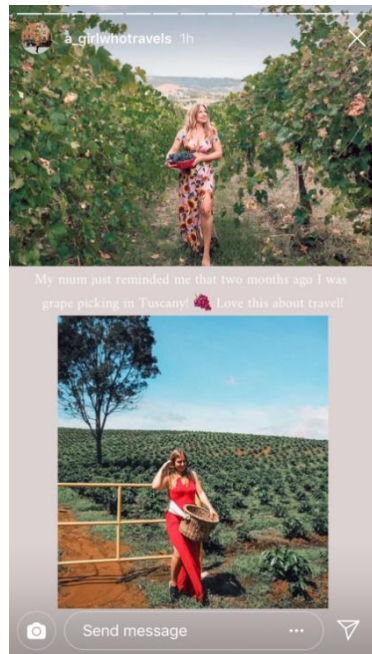
Instagram Stories: @a_girlwhotravels - Highlights



The power of together

four

Instagram Stories: @a_girlwhotravels - Highlights



The power of together

four

Flunking Monkey

The power of together

four

Flunking Monkey

Blog: 3,000 MUU
Instagram: 157,000
Facebook: 1,100

Flunking Monkey

Summary of activity:

- 2 blog posts
- 9 Instagram posts
- Daily Instagram stories (+50)
- 2 Facebook posts

The power of together

four

Blog: Flunking Monkey



Why is Costa Rica so famous?

Costa Rica is famous for many reasons, one of the main reasons it's known is due to its coffee production. Since it's independence in 1821 (Full independence 1838) coffee has remained Costa Rica's main export and its principal source of wealth.

Coffee from Costa Rica is highly rated and is often considered to hold some of the best flavour profiles in Central America, having even been recently introduced into Starbucks under their "reserve" program.

The reason coffee grows so well in Costa Rica is due to its perfect elevation and climate, with different types of coffee produced throughout the country at different altitudes all growing in the lush volcanic soil, the best Costa Rican coffee tends to be those that are found at higher altitudes.

Why is Costa Rica considered one of the best tourist attractions in Central America?

Costa Rica is considered to be one of the best tourist attractions in Central America due to the varying landscapes and climates all located within this small country.

For the adventure seeker's there's zip-lining tours, whitewater rafting, kayaking, scuba diving, cliff diving, and skydiving among other adrenaline-pumping activities.

For beach lovers there are more than 1,000 miles of coastline, the country is home to some of the world's most beautiful beaches. (although I would avoid the rainy season, between April and November.) Costa Rica is also one of the top surfing destinations in the world.

Animal lovers can come to gaze at the slowest mammals in the world, sloths found all over the country ... if you can manage to spot them (we, unfortunately, did not).

Culture lovers can dig into the Costa Rican national cuisine while enjoying the Pura Vida (Pure Life) lifestyle with the people of the "the world's happiest country".

Filled with beaches, rainforests, volcanoes and vast wildlife there seems to be something for everyone in Costa Rica.

Costa Rica ecotourism destinations

Orosi valley, Costa Rica

An area of Costa Rica not often visited by many tourists is the beautiful Orosi Valley. Orosi Valley, Costa Rica is a historic town located south-east of the capital San Jose, and not of a far drive from Cartago. Part of its historic charm is due to it containing the oldest running catholic church in the entire country.

1743 The Iglesia de San Jose is basically a national landmark you feel as though you've been swept back in time. As you walk through the church doors you find a home for religious art, Spanish colonial artefacts and a small museum. Funny enough as similar to most churches in Costa Rica The Iglesia de San Jose, Orosi Valley is paired next to a football (soccer) field.

Aside for Orosi Valley's historic elements the area itself is extremely lush and home to incredible scenery.



Corcovado National Park (Osa Peninsula)

Probably the most biologically intense place on Earth in terms of biodiversity as referred to by National Geographic, Corcovado National Park located on the stunning Osa Peninsula along southwestern Costa Rica is the country's largest national park at 164 square miles, making it the largest primary forest on the American Pacific coastline.



<https://flunkingmonkey.com/visit-costa-rica-ecotourism/>

The power of together

four

Blog: Flunking Monkey



In the past 5 to 10 years there has been a largely positive shift in the tourism industry towards environmental awareness and sustainability. There is little denying the increase in carbon footprints peoples now easily accessible jet-setting lifestyles have caused. With this peoples reasoning behind where they visit and where individuals now chose to stay has been affected. As increasing tourism began to affect the climate, this motioned the growth of hotels designed and built with a conscience, where eco and even luxury can co-exist towards environmentally beneficial means. These Eco Resorts, Ecolodges, Eco Cabins and Eco retreats are becoming increasingly more sought after by the general public, looking for accommodation in their host countries whilst on vacation.

What Makes An Eco Resort?

The variations of Eco Resorts, Ecolodges, Eco Cabins and Eco retreats are effectively environmentally sustainable accommodations. What this means is that these Eco retreats have made significant improvements to its structure in order to minimise its impact on the natural environment. These improvements can vary in their nature from non-toxic housekeeping practices, the use of renewable energy, organic soaps, energy-efficient light fixtures, and recycling programs. A simplistic definition of an Eco hotel would be environmentally responsible accommodation following green living practices. In most cases these hotels will have independent third-party certifications in the areas they are located in, these are beneficial for the hotel in order to be environmentally compliant.

A particular beneficial certification for an Eco hotel to have is the LEED certification. An Eco hotel that has been LEED (*Leadership in Energy and Environmental Design*) certified means that that particular eco hotel provides benefits to the environment through energy efficient practices. Practices such as serving local organic food in restaurants, reusing linens for guest multiple nights stays, and incorporating in-room recycling and composting programs make eco hotels prime candidates for LEED certification. The majority of Eco hotels are Ecolodges or Eco Cabins, due to their locations often being in jungles and inspired by traditional building methods utilised by the skilled locals that craft the hotels for example in **Costa Rica**.

Costa Rica

Lapa Rios Resort



One of the ecolodges I was lucky enough to **experience for myself**. Located on the pristine Osa Peninsula in **Costa Rica** you can find one of National Geographic's most unique lodges of the world **Lapa Rios**. This rainforest eco lodge is a prime and perfect example of a **Costa Rica** ecotourism resort, covered by the lush green blanket that is the last lowland tropical rainforest in Central America and surrounded by beaches rich in marine life, **Lapa Rios** is an icon in sustainable luxury. Protecting 1,000-acres of rainforest and it's biodiversity whilst finding a safe way to share it with the world, the **Lapa Rios** 17 bungalows are built on natural ridges within the rainforest providing unmatched views of the spectacular coastline and rainforest while allowing guests close-up observation of tropical flora and fauna.

<https://flunkingmonkey.com/eco-resort/>

The power of together

four

Instagram: @flunkingmonkey



The power of together

four

Instagram: @flunkingmonkey



The power of together

four

Instagram: @flunkingmonkey



The power of together

four

Instagram: @flunkingmonkey



flunkingmonkey • Follow
Costa Rica

flunkingmonkey Capra aegagrus hircus a.k.a
GOAT 🐐

Load more comments

mero_candi51 Hello handsome 😊

epayne830 Aww

epayne830 🥰

xinxetafitness ❤️ ❤️ ❤️



8,006 likes

DECEMBER 13, 2018

Log in to like or comment.



flunkingmonkey • Follow
Corcovado National Park

flunkingmonkey Getting Lost and Sweaty 😓
🥵 in the most biologically intense place on
the planet. 🌴 Hiking the trails around
Corcovado were one of the most strenuous
yet rewarding experiences of my time in Costa
Rica and probably my life. Not only does
Corcovado National Park stretch across 23
miles of beach, it is home to 13 ecosystems
making it the perfect home for its vast
number of species. 🌿 @visit_costarica 📷:
@chaiwalla

Load more comments

muscle_universe_motivation Wow

randymendezcruz Costa Rica my country

walidkaram614 Nice place 🌺💜💜

flossieflamingoofficial Beautiful shot ❤️



11,065 likes

DECEMBER 18, 2018

Log in to like or comment.



The power of together

four

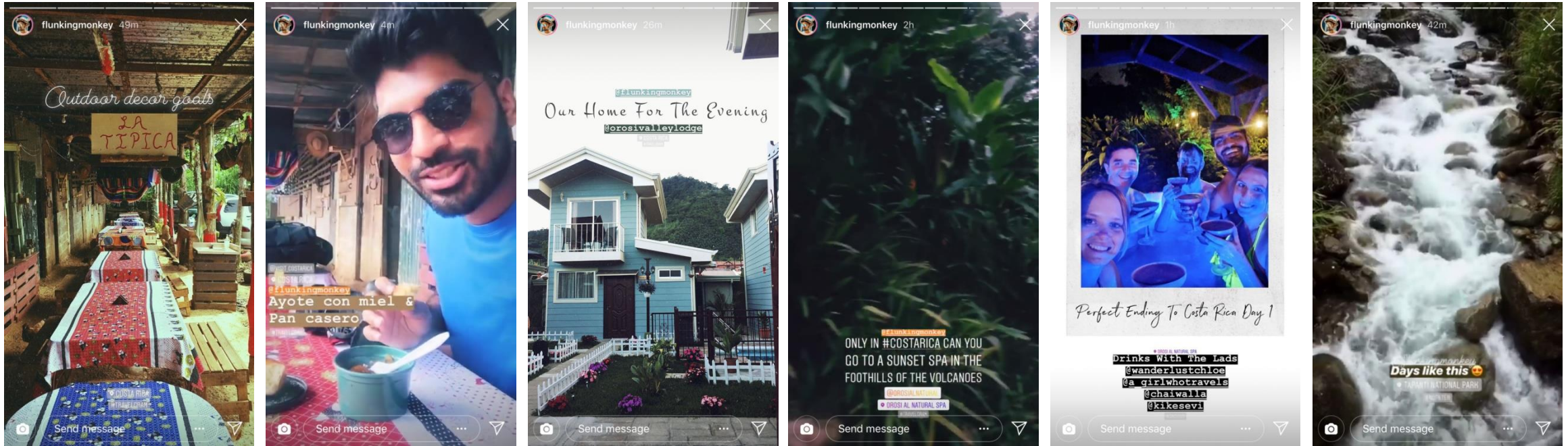
Instagram: @flunkingmonkey



The power of together

four

Instagram Stories: @flunkingmonkey - Highlights



The power of together

four

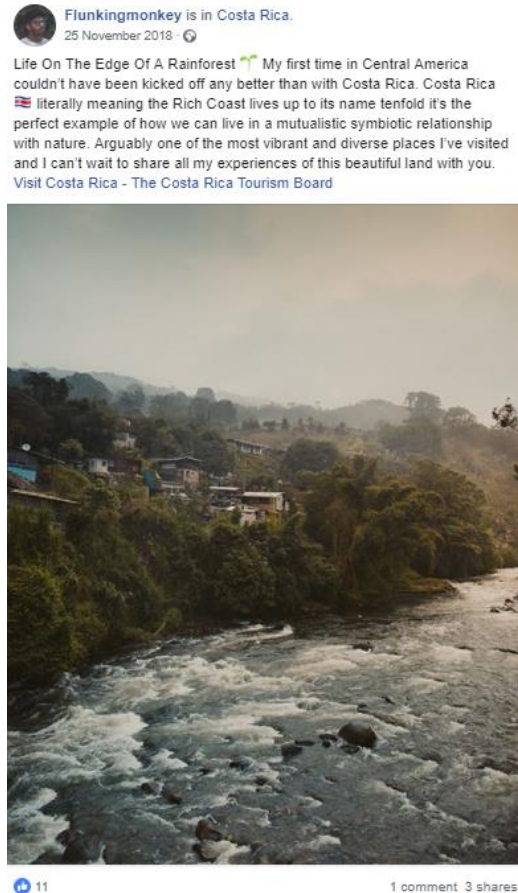
Instagram Stories: @flunkingmonkey - Highlights



The power of together

four

Facebook: @flunkingmonkey



The power of together

four

Chaiwalla

The power of together

four

Chaiwalla

Instagram: 158,000

Facebook: 1,000

Twitter: 3,000

ALLAN EDWARD HINTON

PHOTOGRAPHER, CONTENT CREATOR & WORLD TRAVELLER

Summary of activity:

- 1 blog post
- 3 Instagram posts
- Daily Instagram stories (+50)

The power of together

four

Blog: Chaiwalla

A WEEK IN COSTA RICA - PURA VIDA! /JUNE 10, 2019

INTRODUCTION.

I was thrilled to be invited by Costa Rican tourism board to spend a week in their wonderful country getting to know some more of the lesser known and off the beaten track places and staying in a couple of unique and super special lodges along the way. I was promised I'd get to experience eco-tourism, adventurous thrills within nature, great food and the friendliness of the welcoming locals. This would be my first time here so it was impossible to say no to the invitation.

NARANGJO/ZARCERO.

coffee, waterfalls, rolling hill hotels...



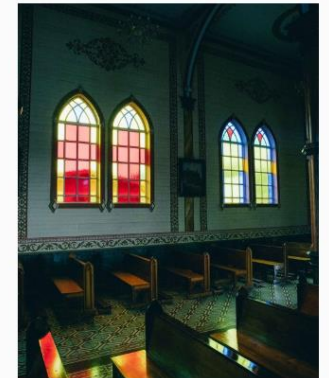
CORCOVADO.



Corcovado National Park in Costa Rica's Osa Peninsula has been on my "I must go there ASAP" lists for a very long time. I knew this was going to be a highlight for me. A chance to see some great animals up close and walk along the black sand beach front and into the jungle.

OROSI.

South of San Jose, Orosi is where you will find rainforests, volcanoes and powerful rivers. The oldest Costa Rican Catholic Church is based here and has beautiful architecture and an interesting garden. This region is apparently a lot quieter than other regions and is not yet experiencing the mass tourism and is a great place to escape the crowds.



We went to nearby Tapanti National Park (the wettest spot in the country with rain 360 days a year, eep!) and half the group went hiking whilst Chloe and I decided to try level 3 white water rafting! This was the first time I had ever tried this and saying I was excited was a massive understatement.


<http://www.allanewardhinton.com/travel-blog/2019/6/10/costa-rica-here-we-come>

The power of together

four

Instagram: @chaiwalla



 **chaiwalla** • Follow
Costa Rica

chaiwalla Not a bad view, felt more like Switzerland in the summer than Costa Rica, as we arrived at Chayote Lodge. Back to reality of zero degree temperatures now but planning to be more on the road again from January once again after a year of lots of doing projects outside of Instagram. Sunnier climates on the horizon 🌞 even considering going back to Costa Rica. Have you guys been there? To the Caribbean side? Would you have any recommendations?

[Load more comments](#)

dohairmanufacturers Lovely

petpaintingsbymimi 🐱

dreamawake3 My favourite flowers! 🌸
Wonderful photo! ❤️

taralitvin Stunning! Love the aesthetics

3,899 likes

DECEMBER 3, 2018

[Log in to like or comment.](#)



 **chaiwalla** • Follow

chaiwalla Having a #boyswithplants moment at Lapa Rios Lodge (@laparioscr). One of the most unique places I've ever had the privilege of staying in. 17 wooden lodges hidden in the rainforest with views out over to the ocean. There isn't a wall in the room, just a thick mosquito net and you sleep to the sounds of the jungle and wake to all sorts of animals. I had a couple of Macau's say hello a few times. @visit_costarica #beautifulhotels

35w



 **vyght** Take some cuttings! 🙏

1,907 likes

NOVEMBER 28, 2018

[Log in to like or comment.](#)

The power of together

four

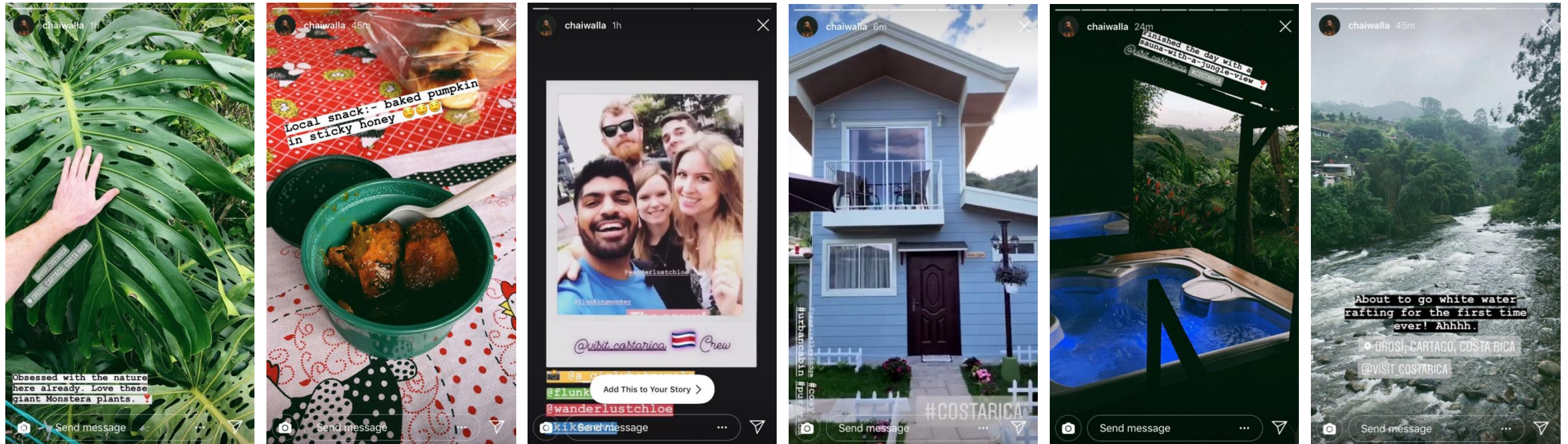
Instagram: @chaiwalla



The power of together

four

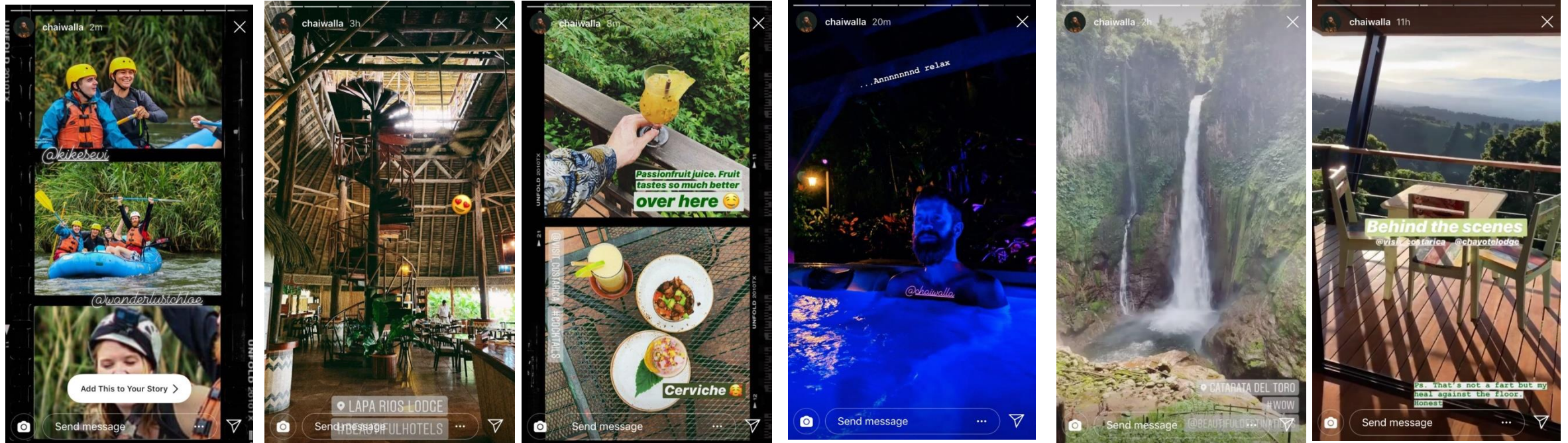
Instagram Stories: @chaiwalla - Highlights



The power of together

four

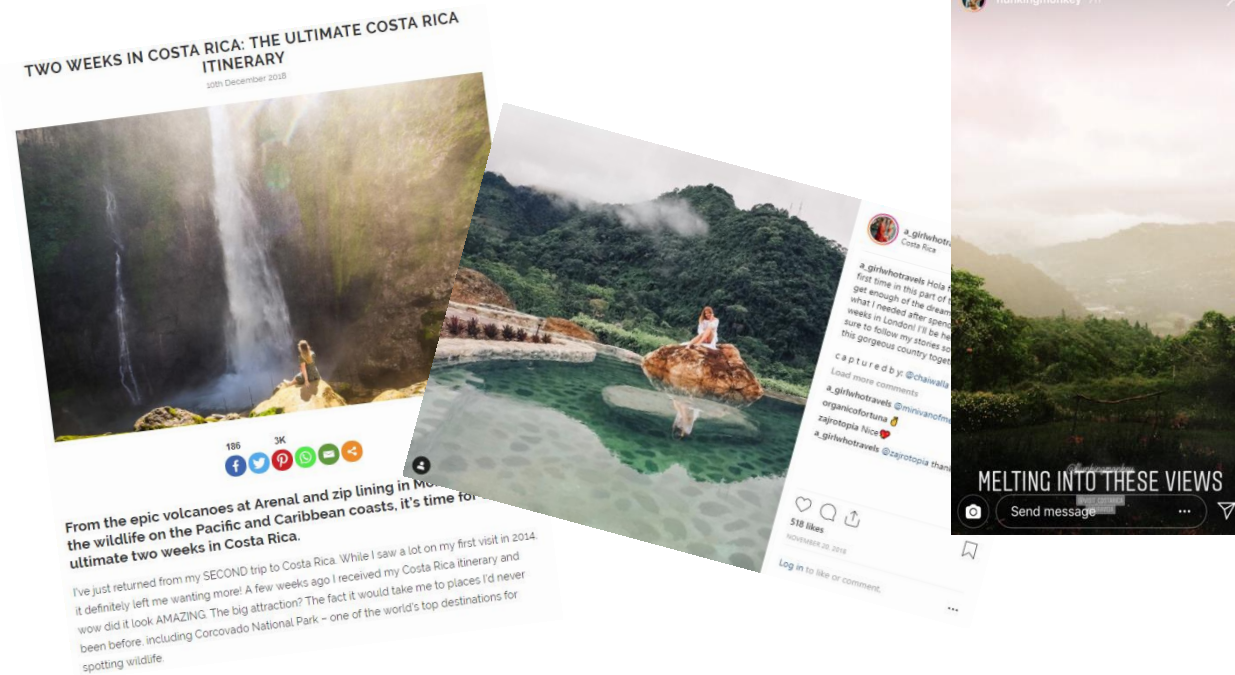
Instagram Stories: @chaiwalla - Highlights



The power of together

four

Summary



- Blog posts: 6
- Permanent social media posts: 70+ (Instagram, Facebook and Twitter)
- Instagram stories: 200+

The power of together

four

Thank you

The power of together

four