PREVENT THE CORONAVIRUS (COVID-19) BY INTENSIFYING HYGIENE MEASURES!

Remember that hand washing duration should be 30 seconds or however long it takes to sing Happy Birthday twice.





Use disposable tissues when sneezing or coughing.

2

If you don't have disposable paper, use your forearm when coughing and sneezing.





Frequently clean up the areas that can become contaminated with respiratory secretions.

