

# ¿When should you wash your hands?



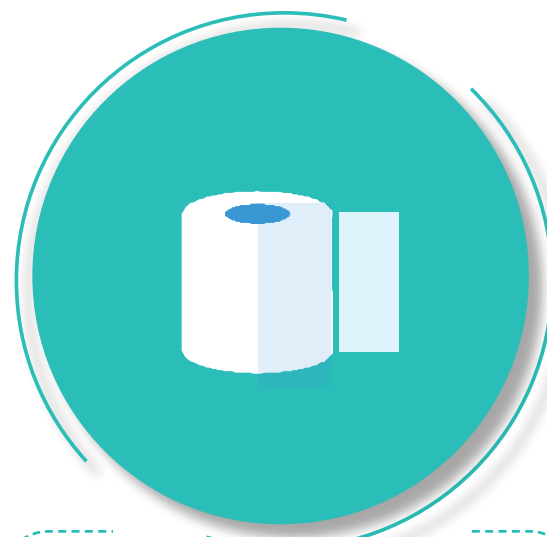
Ministerio  
de **Salud**  
Costa Rica



Before touching your face



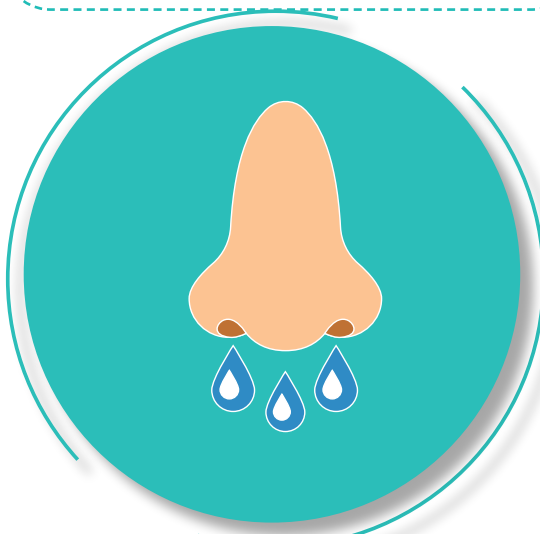
Before eating or  
preparing food



After going to the bathroom



Before and after  
changing diapers



After sneezing or coughing



After visiting or caring  
for a sick person



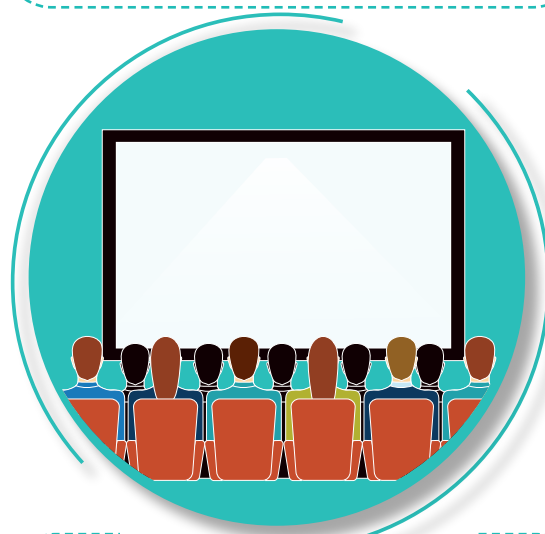
After touching any trash



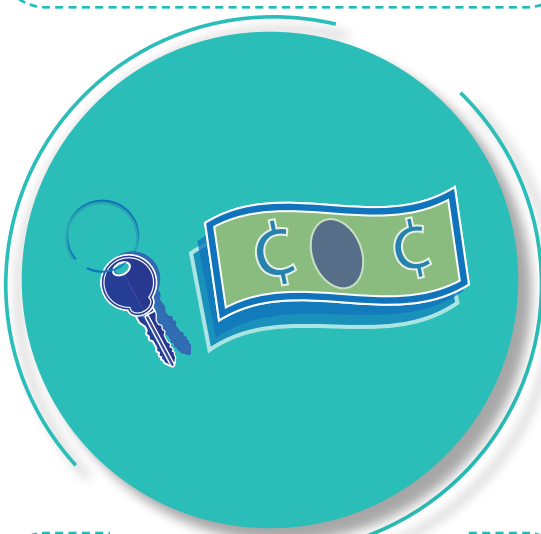
After using public transport



After touching any  
animals or pets



After spending time in  
public spaces



After touching money or keys



After using handrails or door  
handles, especially in public spaces.